

# ***Ecumen Point Pleasant Heights Menu ~ March 2020***

***Breakfast 7:30-8:30 am Lunch 12:00-1:00 pm***

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
* Country Fried Steak Or * Bowl of Soup & Roll  Mashed Potatoes California Medley  Banana Cream Pie  Soup: Chef's Choice	*Goulash Or *Popcorn Chicken Salad  Green Beans Cheese Curds  Cherry Cobbler  Soup: Navy Bean w/ Ham	*Chicken in Gravy Or *Mushroom Swiss Burger  Mashed Potato & Gravy Peas & Carrots  Nut Goodie Bars  Soup: Navy Bean w/ Ham	<b>Pound Cake Day</b> *Hamburger Stroganoff Or *Tuna Melt  Buttered Corn Potato Chips  Pound Cake w/ Berries  Soup: Stuffed Pepper Soup	Subway Day  Assorted Sub Sandwiches Bag of Chips Fresh Fruit 2 Cookies and Soda	<b>Oreo Cookie Day</b> *Mongolian Beef Or *Fish Sandwich  Fried Rice Eggroll  Peanut Butter Oreo Dessert  Soup: Stuffed Pepper Soup	*Kielbasa & Macaroni and Cheese or *Seafood Croissant  Tater Tots 3 Bean Salad  Brownie Ala Mode  Soup: Chef's Choice
8	9	10	11	12	13	14
*BBQ Ribs Or * Bowl of Soup & Roll  Au Gratin Potatoes Vegetable Blend  Peach Pie Ala Mode  Soup: French Onion	<b>Meatball Day</b> *Swedish Meatballs Or *Chef Salad  Mashed Potatoes Buttered Carrots  Pecan Pie Lasagna  Soup: French Onion	*Stuffed Manicotti w/ Garlic Bread or *Grilled Chicken Sandwich  Mixed Vegetables Broccoli Raisin Salad  Tapioca Pudding  Soup: Chili	*Marinated Pork Chop Or * Monte Cristo  Rosemary Potatoes Broccoli/ Cauliflower  Fudge Pudding Cake  Soup: Chili	*Beef Stew over Biscuit Or *BLT Wrap  Wax Beans French Fries  Apple Crisp Ala Mode  Soup: Chicken Noodle Soup	<b>Chicken Soup Day</b> *Baked Fish Or *Cheddar Burger  Baked Potato Coleslaw  Rhubarb Custard Cake  Soup: Chicken Noodle Soup	*BBQ Pork Sandwich Or *Turkey & Cheese Sandwich  Fried Potato Wedges Pasta Salad  Rice Krispy Bar  Creamy of Cauliflower
15	16	17	18	19	20	21
*Meatloaf Or * Bowl of Soup & Roll  Mashed Potato & Gravy Glazed Carrots  French Silk  Soup: Cream of Cauliflower	*Cheesy Ham & Potato Casserole Or <b>*Balsamic Steak Salad</b>  Snap Peas Pickled Beets  Cherry Almond Cake  Soup: Chicken & Dumpling	<b>St. Patrick's Day</b> 17 <b>"IRISH DAY"</b> <b>*Corned Beef &amp; Cabbage</b> <b>with Carrots</b> <b>&amp;</b> <b>Colcannon Potatoes</b>  <b>Irish Soda Bread</b>  <b>Bailey's Irish Cream</b> <b>Brownie</b>  <b>Soup: Creamy Irish Leek</b> <b>&amp; Potato Soup</b>	*Salmon Patties w/ Dill Sauce Or *Chicken Tenders  Garlic Mashed Potato Mixed Vegetables  Blueberry Cobbler Ala Mode  Soup: Chicken & Dumpling	<b>1st Day of Spring</b> 19 *Turkey Tetrazzini Or *Patty Melt  Roasted Root Vegetables Sweet Potato Fries  Chocolate Sheet Cake  Soup: Vegetable Beef	*Lemon Pepper Tilapia Or *Chicken Salad on Croissant  Wild Rice Blend Cheesy Cauliflower  Scotcheroo Bars  Soup: Vegetable Beef	<b>Saturday Brunch</b> 21  Tater Tot Breakfast Bake  Cheese Omelet Bacon Fruit Cup Assorted Muffins

<p style="text-align: right;">22</p> <p><b>*Roast Turkey</b> Or <b>* Bowl of Soup &amp; Roll</b></p> <p><b>Mashed Potato &amp; Gravy</b> <b>Vegetable Blend</b></p> <p><b>Cherry Pie Ala Mode</b></p> <p><b>Soup: Minestrone</b></p>	<p style="text-align: right;">23</p> <p><b>*Stuffed Cabbage Roll</b> Or <b>* Taco Salad</b></p> <p><b>Roasted Red Potatoes</b> <b>Buttered Carrots</b></p> <p><b>Chocolate Chip Cookie</b> <b>Bars</b></p> <p><b>Soup: Minestrone</b></p>	<p style="text-align: right;">24</p> <p><b>*Shrimp Scampi</b> Or <b>*Chicken Cheese steak</b> <b>Hoagie</b></p> <p><b>Asparagus</b> <b>Tater Tots</b></p> <p><b>Passion Bars</b></p> <p><b>Soup: Cream of Potato</b></p>	<p style="text-align: right;">25</p> <p><b>*Hot Meatloaf Sandwich</b> Or <b>*Turkey Bacon Ranch</b> <b>Wrap</b></p> <p><b>Mashed Potato &amp; Gravy</b> <b>Green Beans</b></p> <p><b>Butterscotch Pudding</b></p> <p><b>Soup: Cream of Potato</b></p>	<p style="text-align: right;"><b>National Spinach Day 26</b></p> <p><b>*Spinach &amp; Artichoke</b> <b>Chicken</b> Or <b>*Rodeo Burger</b></p> <p><b>Scalloped Potatoes</b> <b>Peas &amp; Pearl Onions</b></p> <p><b>Black Forest Cake</b></p> <p><b>Soup: Chef's Choice</b></p>	<p style="text-align: right;">27</p> <p><b>*Hamburger Potato</b> <b>Casserole</b> Or <b>*Grilled Cheese</b></p> <p><b>Broccoli</b> <b>Potato Chips</b></p> <p><b>Pineapple Upside Down</b> <b>Cake</b></p> <p><b>Soup: Tomato Basil</b> <b>Bisque</b></p>	<p style="text-align: right;">28</p> <p><b>*Sloppy Joe</b> Or <b>*Chicken Drumsticks</b></p> <p><b>Curly Fries</b> <b>Baked Beans</b></p> <p><b>Ice Cream Treat</b></p> <p><b>Soup: Tomato Basil</b> <b>Bisque</b></p>
<p style="text-align: right;">29</p> <p><b>*Pot Roast</b> Or <b>* Bowl of Soup &amp; Roll</b></p> <p><b>Mashed Potato &amp; Gravy</b> <b>Peas</b></p> <p><b>Lemon Meringue Pie</b></p> <p><b>Soup: Vegetable</b></p>	<p style="text-align: right;">30</p> <p><b>*Orange Chicken</b> Or <b>*BLT Salad</b></p> <p><b>Steamed Rice</b> <b>Eggrolls</b></p> <p><b>Peanut Butter Bars</b></p> <p><b>Soup: Vegetable</b></p>	<p style="text-align: right;">31</p> <p><b>*Fried Chicken</b> Or <b>*French Dip Sandwich</b></p> <p><b>Baked Potato</b> <b>Buttered Corn</b></p> <p><b>Cherry Cheesecake</b> <b>Brownie</b></p> <p><b>Soup: Chef's Choice</b></p>			<p style="text-align: center;"><b>Kitchen</b> <b>Phone</b> <b>651-766-</b> <b>4466</b></p>	<p style="text-align: center;"><b>Menus Are</b> <b>Subject To</b> <b>Change</b></p>