




# HAPPY BIRTHDAY

Jim Ketchel	4
Betty McCleary	5
Mary Jo Zimmerhagl	5
Elaine Stravers	10
Shirley Pedersen	13
Janet Mroszak	14
Vivian Swanson	17
Greig Grove	20
Mort Ford	21
Anita Carr	25
Pamela (Lundt) Terrill	25
John Walker	25




## WELCOME HOME!

**Please welcome our new residents:**

Esther and Harry Haselius #415  
Charlotte Gulbranson #300  
Marie Donnelly #215



Delivers here regularly,  
Call 1-888-724-9267 for  
information and to  
order. A catalog is  
located by the front desk.




Come join your neighbors  
for Social Hour 2nd and 4th  
Fridays at 3:30pm. Soda \$1,  
Beer and Wine \$2. Hosted  
by the Tenant Council.

## Tuesday afternoon Church Services are on a four-week rotation, and subject to change:

11/7 First United  
11/14 Chisago Lake  
11/21 Zion  
11/28 Maranatha

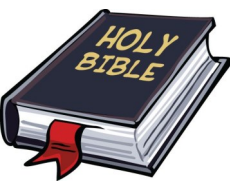
In times of need... **Caregiver  
Courage** is an open  
community group for  
caregivers that meets on the first and  
third Wednesday of the month at  
9:30am at Zion Lutheran Church.  
Also, available on the second and  
fourth Wednesday of each month at  
10am is a **Grief Support Group**  
facilitated by Pastor Sarah.






Community  
meals are back  
every Monday  
from 4-6pm at  
Zion Lutheran Church.

Greg Whitney and Phil  
Terrill will both be  
providing Bible studies in  
the TV room. See the  
calendar for days and times.





Notary services provided  
**FREE** at the front desk for  
tenants only.



## Point Pleasant Heights

28600 Fairway Lane, Chisago City, MN 55013  
Phone: 651-257-4035 PPH Fax: 651-257-4080

**November 2023**




**On the way to Chanhassen Dinner  
Theater to see Jersey Boys!**



PPH in full fall splendor and a view from Char's window



Lunch Bunch & Stillwater Trolley Tour




## THE HEARTBEAT

Independent Living 55+ Apartments & Townhomes

**A bus will go to  
the Library so you  
can vote on the  
Chisago Lakes  
Area Schools  
referendum.  
Tuesday, November 7 at 10 am.  
Sign up at the Activity Bulletin  
Board.**

Vote. Every Voice Matters



**VOTE**



Dan Fish entertains for birthday night



PPH Monthly Menu November

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
November 6th <b>Starter: Soup or Salad</b> Lemon Butter Cod Baked Potato Vegetable Blend Apple Pie Cake	November 7th <b>Starter: Soup or Salad</b> Chicken Cordon Blue Sandwich Potato Wedges Honey Bun Cake	November 8th <b>Starter: Soup or Salad</b> Meatloaf w/Gravy Mashed Potatoes Buttered Carrots Dinner Roll Pecan Pie	November 9th <b>Starter: Soup or Salad</b> Chicken Parmesan Over Linguini Green Beans Garlic Bread Chocolate Eclair Dessert	November 10th <b>Starter: Soup or Peas &amp; Cheese Salad</b> Stuffed Cabbage Roll Steamed Rice Mixed Vegetables Dinner Roll Peach Cobbler	November 11th BBQ Pork Sandwich Onion Rings Potato Salad Cookies	November 12th Chicken Kiev Rice Pilaf Buttered Peas Ice Cream Treat
November 13th <b>Starter: Soup or Salad</b> Tater Tot Hotdish Broccoli & Cauliflower Blend Dinner Roll Chocolate Pudding	November 14th <b>Starter: Soup or Salad</b> Chicken Noodle Cas- serole Vegetable Blend Pumpkin Bar	November 15th Cinnamon French Toast Scrambled Eggs Hashbrown Patty Maple Sausage Fresh Fruit	November 16th <b>Starter: Soup or Salad</b> Hot Beef Sandwich Mashed Potatoes Sinful Cake	November 17th <b>Starter: Soup or Salad</b> Chicken Divan Scalloped Potatoes Dinner Roll Lemon Poppysseed Cake	November 18th Chili Dog French Fries Creamy Grape Salad Ice Cream Treat	November 19th Spaghetti w/ Meat Sauce Green Beans Garlic Bread Cookies
November 20th <b>Starter: Soup or Salad</b> Beef Stew over Biscuit Steamed Spinach Chocolate Chip Cookie Bar	November 21st <b>Starter: Soup or Fresh Fruit</b> Popcorn Chicken Sal- ad Dinner Roll Lemon Bar	November 22nd <b>Starter: Soup or Cole-slaw</b> Battered Fish French Fries Lemon Meringue Pie	November 23rd <b>Thanksgiving</b> Roast Turkey w/ Gravy Mashed Potatoes Stuffing Sweet Potatoes Cranberries Dinner Roll Pumpkin Pie	November 24th <b>Starter: Soup or Salad</b> Pork Chop in Mush- room Gravy Mashed Potatoes Vegetable Blend Peanut Butter Bar	November 25th Goulash Buttered Peas Dinner Roll Ice Cream Treat	November 26th Grilled Chicken Sandwich French Fries Coleslaw Cookies
November 27th <b>Starter: Soup or Salad</b> Scalloped Potatoes & Ham Buttered Corn Dinner Roll Scotchardoo Bar	November 28th <b>Starter: Soup or Cole-slaw</b> California burger Onion Rings Butterscotch Pudding	November 29th <b>Starter: Soup or Salad</b> Baked Ham Au gratin Potatoes Steamed Broccoli Dinner Roll Strawberry Rhubarb Pie Ala Mode	November 30th <b>Starter: Soup or Salad</b> Lasagna Green Beans Garlic Bread Rice Pudding			<b>Kitchen Phone</b> 651-766-4466

PPH Phone numbers—we’re here to help!

- **Juli:** at the front desk: 651-257-4035. Call Juli for work orders, activity questions, all tenant services, **Notary Services** for tenants only.
- **Mara:** Housing Director: 651-766-4464. Call Mara with building or apartment feature concerns, lease questions, move-out notice, family concerns, rent billing questions.
- **Darlene.** Marketing Manager: 651-766-4465. Call Darlene for unit availability.
- **Kitchen:** 651-766-4466. Call to order/change a meal. Please call before 10am to order or change.
- **Jeannie:** Kitchen Manager: 651-766-4468. Call with menu questions.
- **Ecumen Connect Hotline:** Report your concerns and suggestions by calling the corporate office at 1--844-614-2498 seven days per week, 24 hours per day.



**ARROWHEAD**  
**TRANSIT** Your ride.

To schedule rides: Call (800) 862-0175  
Option 13 for Chisago County.  
Free tickets at Juli’s desk



**EDWARDS**  
safe passage

Call  
651-728-4487  
48 hours in  
advance

**Brink’s continues to deliver for \$3 every Wednesday.**

**Please call in your order by 2pm Tuesday. 651-257-1700**






**The Foot Care Nurse**

Jessica Lyall, RN, BSN, PHN

651-243-0213

thefootcarenursemn@gmail.com



**Beauty Shop Bev**  
**(651)583-3325 Home**  
**(651)304-0363 Cell**

**Townhome recycling schedule: Every other Monday.**  
Please contact Chisago Lakes Sanitation: 651-257-4763





Join us on Friday, November 10 at 2 pm as we recognize and celebrate

our veterans with a short service. Light refreshments will be served.



**Attention crafters!** The holiday craft bazaar and sale and lutefisk dinner will be held on December 13.

Time to get

working on those crafts to sell. Space rentals will cost \$10 and the sale will run from 10am until 2pm.

**REMINDER:** Set your clocks BACK one hour on Sunday, November 5!



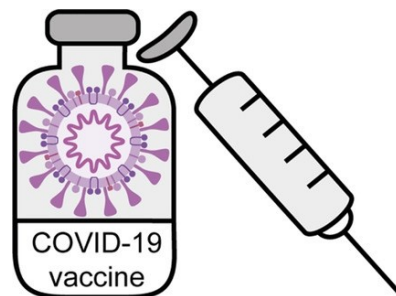
**PPH offices closed on Thursday, November 23 and Friday, November 24 in observance of Thanksgiving**



Employee Owned  
**THRIFTY WHITE PHARMACY**

Thrifty White will be here on

**Thursday, November 2** starting at 10 am to administer the Moderna Covid booster shot. Please contact Juli for a time and to get your paperwork and insurance cards ready.



Tenant Council Board elections will be held at the next tenant meeting on Tuesday, November 14 . If you are interested in running for a Board seat, please

sign up at the Activities Bulletin Board.

The season for gathering with family and friends is upon us. Help keep yourself and others healthy by washing your hands frequently and masking or staying home when you are sick!



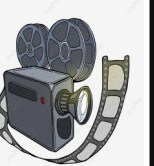
## Entertainment Highlights:

**Gaither Southern Gospel video.** Program hosted by Marlene Tangen: Saturday November 11 at 6pm in the TV Room. Drinks and snacks provided.



Join Barb Prindle and Marlene Tangen for craft time on Wednesday, November 8 At 2pm in the Dining Room. Sign up at the Activities Bulletin Board

**Did you know?** There's a wide selection of MOVIES in the drawer underneath the TV that can be viewed any time. See Juli if you need help with the machines!



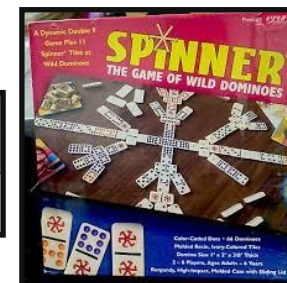
There are "smart" TVs in three of our public rooms: The TV Room, The Fitness Center and the Dining Room. You Tube is available on each of them and offers a wide variety of programming from travel shows, to history documentaries to exercise classes and sing-alongs! See Juli to learn more.



## Cards and Games!!!

	6	7	8	9	10
Spades	40	140	240	340	440
Clubs	60	160	260	360	460
Diamonds	80	180	280	380	480
Hearts	100	200	300	400	500
No Trump	120	220	320	420	520

**500 Club Tue. 6pm & Wed. 2pm**



**Game Day Thursdays 2pm**

**Spinner and Cribbage Dining Room.**  
Bring quarters for Spinner



**Bridge Fridays 3:30pm**



**Saturdays 2pm**





# 2023



Chit Chat daily from 3:30-4:30 pm in the Fireplace Room



Sun	Mon	Tue	Wed	Thu	Fri	Sat
			<b>1</b> 10 am Bible Study  2 pm 500 Club	<b>2</b> 10 am Catholic Communion Service  2 pm Game Time	<b>3</b> 10 am Cookie Friday Coffee Shop 2 pm Bible Study 3:30 pm Bridge	<b>4</b> 2pm
<b>5</b> 	<b>6</b>	<b>7</b> 10 am Bus to VOTE 2—3 pm Church Service 2-4 Legacy Letter Writing* 6 pm 500 Club	<b>8</b> 10 am Bible Study 2 pm Craft 2 pm 500 Club	<b>9</b> 10 am Catholic Communion Service  2 pm Game Time	<b>10</b> 10 am Cookie Friday Coffee Shop Veterans Day Celebration 2 pm Bible Study 3:30 pm Social Hour 3:30 pm Bridge	<b>11</b> 2pm  6 pm Gaither Video Veterans Day
<b>12</b> 	<b>13</b> 10 am Book Club	<b>14</b> 2—3 pm Church Service 3pm Tenant Meeting 6 pm 500 Club	<b>15</b> 10 am Bible Study 10 am Hinckley Casino 3 pm Birthday Celebration: Tim Patrick 2 pm 500 Club	<b>16</b> 10 am Catholic Communion Service  2 pm Game Time	<b>17</b> 10 am Cookie Friday Coffee Shop 2 pm Bible Study 3:30 pm Bridge	<b>18</b> 2pm
<b>19</b> 	<b>20</b>	<b>21</b> 11am Lunch Bunch* Stone Inn 2—3 pm Church Service 6 pm 500 Club	<b>22</b> 10 am Bible Study 2 pm 500 Club	<b>23</b>  PPH Offices closed	<b>24</b> 10 am Cookie Friday Coffee Shop 2 pm Bible Study 3:30 pm Social Hour 3:30 pm Bridge PPH Offices closed	<b>25</b> 2pm
<b>26</b> 	<b>27</b>	<b>28</b> 2—3 pm Church Service  6 pm 500 Club	<b>29</b> 10 am Bible Study 2 pm 500 Club	<b>30</b> 10 am Catholic Communion Service  2 pm Game Time		* Sign-up required