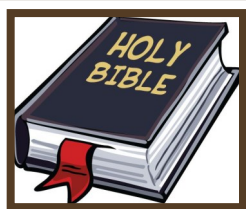


# Happy Birthday

- Robert "Bob" Olson 1
- Nancy Thalacker 5
- Jonda DeLozier 8
- Darlene Dent 9
- Virginia Erickson 9
- Marilyn Gay 12
- Gary Fladland 19
- Arless Brotzler 23
- DiAnn Copps 23
- Shirley Thomas 24
- Elaine Gemuenden 25
- Karen Rickert 26
- Marian Anderson 27
- Patrick Wood 28

Greg Whitney and Thelma Patrick will both be providing Bible studies in the TV room. See the calendar for days and times.

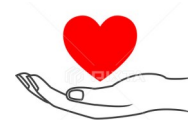


Tuesday afternoon Church Services are on a set schedule, subject to change.

\*note time change on 3rd Tues:

- 3/5 First United Methodist 2pm
- 3/12 Chisago Lake Lutheran 2pm
- 3/19 Zion Lutheran 3pm\*
- 3/26 Maranatha 2pm

In times of need... **Caregiver**



**Courage** is an open community group for caregivers that meets on the first and third Wednesday of the month at 9:30am at Zion Lutheran Church. Also, available on the second and fourth Wednesday of each month at 10am is a **Grief Support Group** facilitated by Pastor Sarah.



Community meals served every Monday from 4-6pm at Zion Lutheran Church.



Delivers here regularly, Call 1-888-724-9267 for information and to order. A catalog is located by the front desk.



Come join your neighbors for Social Hour 2nd and 4th Fridays at 3:30pm. Soda \$1, Beer and Wine \$2. Hosted by the Tenant Council.

ECUMEN

## Point Pleasant Heights

28600 Fairway Lane, Chisago City, MN 55013  
Phone: 651-257-4035 PPH Fax: 651-257-4080

March 2024



## TENANT-SPONSORED 2024 SUPER BOWL PARTY



**Ecumen Point Pleasant Heights Menu ~ March 2024**

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Menu is Subject to Change</b>		<b>Kitchen Phone 651-766-4466</b>				
March 4th <b>Starter: Soup or Salad</b> Chicken Legs in Gravy Mashed Potatoes & Gravy Peas & Carrots Banana Cake	March 5th <b>Starter: Soup or Salad</b> Beef Stroganoff over Eggs Noodles Mixed Vegetables Strawberry Shortcake	March 6th <b>Starter: Soup or Salad</b> Pork Tenderloin Roasted Red Potatoes Asparagus Dinner Roll Apple Pie Ala Mode	March 7th <b>Starter: Soup or Salad</b> Chicken Picatta Wild Rice Blend Buttered Corn Robert Redford Dessert	March 8th <b>Starter: Soup or Salad</b> Pecan Crusted Tilapia Baked Potato Steamed Spinach 7-Layer Bar	March 9th Cheeseburger French Fries Coleslaw Ice Cream Treat	March 10th Chicken Drumsticks Baked Beans Potato Salad Cookies
March 11th <b>Starter: Soup or Salad</b> Beef Wild Rice Hotdish Wax Beans Dinner Roll Honey Bun Cake	March 12th <b>Starter: Soup or 7-Layer Salad</b> Fried Chicken Baked Potato Rice Pudding	March 13th <b>Starter: Soup or Salad</b> Meatloaf w/ Gravy Mashed Potatoes Buttered Carrots Dinner Roll Pumpkin Pie	March 14th <b>St. Patty's Day Celebration</b> Corned Beef & Cabbage Carrots & Potatoes Rye Bread Mint Chocolate Chip Ice Cream	March 15th <b>Starter: Soup or Salad</b> Sweet & Sour Chicken Steamed Rice Eggroll Peach Cobbler	March 16th Chili Dog Tater Tots Coleslaw Ice Cream Treat	March 17th Chicken Kiev Rice Pilaf Steamed Broccoli Cookies
March 18th <b>Starter: Soup or Salad</b> Chicken Noodle Casserole Green Beans Dinner Roll Frosted Brownie Chili	March 19th <b>Starter: Soup or Salad</b> Salisbury Steak Mashed Potatoes & Gravy Mixed Vegetable Rhubarb Cake	March 20th Biscuits & Gravy Scrambled Eggs Fried Potatoes Sausage Patty Assorted Danish Chili	March 21st <b>Starter: Soup or Salad</b> Beef Stew Over Biscuit Steamed Broccoli Sinful Cake	March 22nd <b>Starter: Soup or Coleslaw</b> Battered Walleye French Fries Heaven on Earth Cake Chili	March 23rd BBQ Pork Sandwich Macaroni & Cheese Carrot Raisin Salad Ice Cream Treat	March 24th Spaghetti w/ Meatballs Green Beans Garlic Bread Cookies
March 25th <b>Starter: Soup or Salad</b> Pork Chop in Mushroom Gravy Mashed Potatoes Vegetable Blend Chocolate Pudding	March 26th <b>Starter: Soup or Pasta Salad</b> Popcorn Chicken Salad Dinner Roll Rice Crispy Bar	March 27th <b>Starter: Soup or Salad</b> BBQ Ribs Baked Potato Buttered Peas Blueberry Pie Ala Mode	March 28th <b>Starter: Soup or Salad</b> Chicken Parmesan Over Linguini Buttered Peas Garlic Bread Fruited Jello	March 29th <b>Starter: Soup or Coleslaw</b> BBQ Chicken Sandwich Onion Rings Potato Salad Pistachio Dessert	March 30th Goulash Peas & Carrots Dinner Roll Ice Cream Treat	March 31st Glazed Ham Cheesy Hashbrowns Green Beans Almondine Crusty Roll Lemon & Cream Shortcake

**PPH Phone numbers—we're here to help!**

- Shelby at the front desk: 651-257-4035. Call Shelby for work orders, activity questions, all tenant services.
- Mara: Housing Director: 651-766-4464. Call Mara with building or apartment feature concerns, lease questions, move-out notice, family concerns, rent billing questions.
- Darlene: Marketing Manager: 651-766-4465. Call Darlene for unit availability.
- Kitchen: 651-766-4466. Call to order/change a meal. Please call before 10am to order or change.
- Jeannie: Kitchen Manager: 651-766-4468. Call with menu questions.
- Ecumen Connect Hotline: Report your concerns and suggestions by calling the corporate office at 1--844-614-2498 seven days per week, 24 hours per day.



**ARROWHEAD TRANSIT** Your ride.  
To schedule rides: Call (800) 862-0175  
Option 13 for Chisago County.  
Free tickets at Reception desk




Call 651-728-4487  
48 hours in advance  
**EDWARDS**  
safe passage

Brink's continues to deliver for \$3 every Wednesday.  
Please call your order by 2pm Tuesday.  
651-257-1700




Jessica Lyall, RN, BSN, PHN  
651-243-0213  
thefootcarenurse@gmail.com



Beauty Shop Bev  
(651)583-3325 Home  
(651)304-0363 Cell

Townhome recycling schedule: Every other Monday.  
Please contact Chisago Lakes Sanitation: 651-257-4763

## February Craft Class

These ladies had a great time making a wall hanging and building friendships. Sign up for the March 6th craft class at the activity bulletin board.



## Gaither Music Video Showing

Singing, chatting, snacking ... it's a fun evening for all. Join us, won't you?



## Happening in March:

Let's get to know our neighbors and make new friends ... join us for one or more of the following activities:

**Craft Class:** in PPH Dining Room Wednesday, Mar. 6th, 2 pm. Sign up on activities bulletin board.

**Gaither Music Video:** showing in TV room on Saturday, Mar. 9th, 6pm. Come sing along to some good old fashioned gospel music. Treats served following the video showing.

**Lunch Bunch to Campanelle in Lino Lakes:** Tuesday, Mar. 12th, bus leaves at 11 am. Sign up on activities bulletin board.

**Casino Trip to Grand Casino, Hinckley:** Wednesday, Mar. 13th, bus leaves at 10am. Sign up on activities board.



Friday Coffee Talk—join us at 10am!

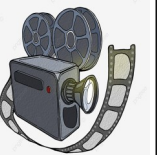
## Entertainment Highlights:

**Gaither Southern Gospel video.** Program hosted by Marlene Tangen: Saturday, March 9th at 6pm in the TV Room. Drinks and snacks are provided.



Join Marlene Tangen for craft time on Wednesday, March 6 at 2pm in the Dining Room. You will make a two-sided cross (wall hanging). Sign up at the Activities Bulletin Board. Refreshments will be served following the craft time.

**Did you know?** There's a wide selection of MOVIES in the drawer underneath the TV that can be viewed any time. See front desk staff if you need help with the machines!



There are "smart" TVs in three of our public rooms: The TV Room, The Fitness Center and the Dining Room. YouTube is available on each of them and offers a wide variety of programming from travel shows, to history documentaries to exercise classes and sing-alongs! See front desk staff to learn more.



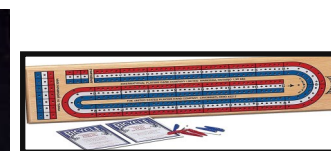
## \*UPDATED\* Cards and Games!



**Hand and Foot**  
Mondays at 1:30pm

	6	7	8	9	10
Spades	40	140	240	340	440
Clubs	60	160	260	360	460
Diamonds	80	180	280	380	480
Hearts	100	200	300	400	500
No Trump	120	220	320	420	520

**500 Club** Tue. 6pm  
& Wed. 6pm



**Game Day** Thursdays 2pm  
**Spinner and Cribbage**  
Dining Room.  
Bring quarters for Spinner



Come play a new game: **Fast Track**  
Sundays at 2 pm



with Bonnie & Larry Houger



**Bridge** Thursdays  
at 3pm



Saturdays 2pm

# April 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p><b>*Denotes sign-up at Activity Board required.</b></p>	<p>1 Easter Monday offices closed April Fools Day!</p> <p>1:30 pm Hand and Foot</p>	<p>2 2pm First United Methodist Service 6 pm 500 Club</p>	<p>3 2 pm Craft Class making bookmarks * 6 pm 500 Club</p>	<p>4 10 am Catholic Communion Service 2 pm game time 3 pm Bridge</p>	<p>5 10 am Cookie Friday Coffee Shop 🍪 2pm Bible Study</p>	<p>6 2 pm Bingo  6:00 pm Gaither video &amp; sing along</p>
<p>7 2 pm Fast Track game</p>	<p>8 10 am Book Club 1:30 pm Hand and Foot</p>	<p>9 Lunch Bunch Chisago Lakes Grill Lindstrom 11:30 a.m. * 2pm Chisago Lake Lutheran Service 6 pm 500 Club</p>	<p>10 10 am Bible Study 2 pm prayer shawls * 6 pm 500 Club</p>	<p>11 10 am Catholic Communion Service 2 pm Game Time 3 pm Bridge</p>	<p>12 10 am Cookie Friday Coffee Shop 🍪 2 pm Bible Study 3:30 pm Social Hour 🍷🍺</p>	<p>13 2 pm Bingo </p>
<p>14 2 pm Fast Track game</p>	<p>15 1:30 pm Hand and Foot</p>	<p>16 2pm Zion Lutheran 6 pm 500 Club</p>	<p>17 10 am Bible Study 2 pm TENANT MTG 6 pm 500 Club</p>	<p>18 10 am Catholic Communion Service 2 pm Game Time 3 pm Bridge</p>	<p>19 10 am Cookie Friday Coffee Shop 🍪 2 pm Bible Study</p>	<p>20 2 pm Bingo </p>
<p>21 2 pm Fast Track game</p>	<p>22 Field Trip; Como Zoo Conservatory Spring flower show leave at 9:30 a.m. * 1:30 pm Hand and Foot</p>	<p>23 2pm Maranatha Church Service 6 pm 500 Club</p>	<p>24 10 am Bible Study 2 pm Birthday Celebration 6 pm 500 Club</p>	<p>25 10 am Catholic Communion Service 2 pm Game Time 3 pm Bridge</p>	<p>26 10 am Cookie Friday Coffee Shop 🍪 2 pm Bible Study 3:30 pm Social Hour 🍷🍺</p>	<p>27 2 pm Bingo </p>
<p>28 2 pm Fast Track game</p>	<p>29 1:30 pm Hand and Foot</p>	<p>30 2 pm Zion Lutheran 6 pm 500 Club</p>	<p>10 am Bible Study 6 pm 500 Club</p>	<p>10 am Catholic Communion Service 2 pm Game Time 3 pm Bridge</p>		