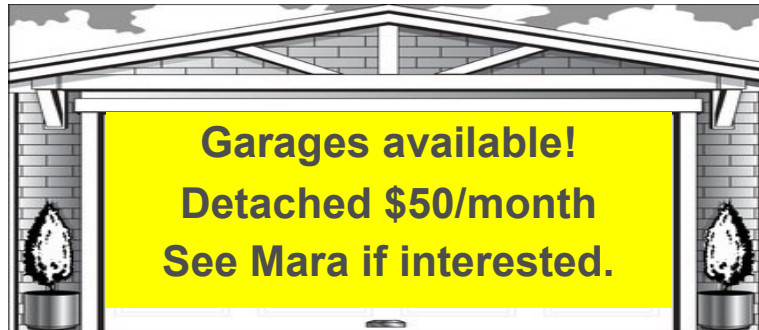


BUILDING INFORMATION



RECYCLING

Guidelines are posted in each trash room. No Styrofoam, no plastic bags, no garbage. Throw out takeout boxes.

If in doubt, throw it out!

TOWNHOME RECYCLING
Schedule: Every other Monday.
Please contact Chisago Lakes
Sanitation: 651-257-4763

 **Check out a book in our library! Reading is relaxing!**

STAFF DIRECTORY

Jennifer: Tenant Services/Front desk—651-257-4035 Call Jennifer for activity questions, work orders, all tenant services, guest room or dining room reservations.

Mara: Housing Director—651-766-4464 Call Mara with building or apartment feature concerns, lease questions, move-out notice, family concerns, rent and billing questions.

Darlene: Marketing Manager: 651-766-4465 Call Darlene for unit availability.

Jeannie: Kitchen Manager 651-766-4468 Call with menu questions/concerns.

Kitchen: 651-766-4466 Please call before 10:00 am to order/change/cancel a meal.

Ed: Fill out a work order at the front desk, place it in the basket by the bulletin board.

Ecumen Integrity Line: Report your concerns and suggestions by calling the corporate office at 1-844-614-2498, 7 days a week, 24 hours a day.

HOW CAN WE HELP YOU?

EMERGENCY MAINTENANCE

AFTER HOURS EMERGENCY



612-269-5840

Normal maintenance requests during regular working hours, please fill out a work order at the front office.

CALL 911

FOR FIRE OR MEDICAL EMERGENCY

FRIENDLY REMINDER: Visitors must buzz the specific Tenant they are visiting or check in with a Staff person upon entering the building. This is for your Safety and the Security of all our Tenants here! Thank you for your Cooperation!

ECUMEN

Point Pleasant Heights

28600 Fairway Lane, Chisago City, MN 55013
Phone: 651-257-4035 PPH Fax: 651-257-4080

October 2024



Independent Living 55+ Apartments & Townhomes

September Highlights



Meet Dee and "Princess"!

You may have seen them in the hallway or walking on the property. Princess is so sweet! She stops by the staff offices and gives us a whole lot of joy and love! Dee and Princess are a joy to visit with! Princess can bring a smile to your face!




October Activities



Special Oktoberfest Meal

October 2nd @ 11:30 am

Come enjoy some German cuisine,
Pretzel bites, beer cheese
and a German beer. Music too!




October's Craft Class

Wednesday, October 2nd

In the dining room

See details on the
Bulletin Board



PLEASANT VALLEY
ORCHARD TOUR

OCTOBER 8th

Bus Leaving at 1:00 pm

Returning at 3:15 pm



LUNCH BUNCH

FOREST LAKE PIZZA PUB

Tuesday, October 15th

Bus leaves at 11:00 am

Returning at 1:30 pm



Laurel Rainer	3
Karilon Boeck	5
Nancy Butte	7
Richard Nick	11
Esther Haselius	16
George Popa	17
Marilynn Donnelly	20
Nan Syring	22
LouAnn Freeman	23
Elaine Peterson	26
Arnold Nelson	30

PPH SHOPPING BUS

Tuesday's at 9:30-11:30

Local & Target/Walmart



Saturday

October 5th at
6:00 pm in
TV room

Ecumen Point Pleasant Heights Menu ~ October 2024

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<div></div> <div>October 7th Starter: Soup or Salad</div> <div>Pork Chop in Mushroom Gravy Mashed Potatoes Peas & Carrots Honey Bun Cake Chicken & Dumpling Soup</div> <div>October 14th Starter: Soup or Salad</div> <div>Ring Bologna Macaroni & Cheese Mixed Vegetables Butterscotch Pudding Ham & Potato Chowder</div> <div>October 21st Starter: Soup or Mandarin Oranges</div> <div>Soft Shell Taco (2) Cilantro Lime Rice Rice Crispy Bar Beef & Black Bean Soup</div> <div>October 28th Starter: Soup or Salad</div> <div>Stuffed Pepper Steamed Rice Vegetable Blend Cherry Cheesecake</div> <div>Chicken Barley Soup</div>	<div>October 1st Starter: Soup or Fresh Fruit</div> <div>Chef Salad Dinner Roll Pumpkin Pudding White Bean Chicken Chili</div> <div>October 8th Starter: Soup or Potato Salad</div> <div>Rueben Sandwich Onion Rings Scotcheroo Bar Stuffed Pepper Soup</div> <div>October 15th Starter: Soup or Fresh Fruit</div> <div>Popcorn Chicken Salad Dinner Roll Mounds Bar French Onion Soup</div> <div>October 22nd Starter: Soup or Colleslaw</div> <div>Shrimp Basket French Fries Gingerbread Cake w/ Frosting Chicken Pot Pie Soup</div> <div>October 29th Starter: Soup or Colleslaw</div> <div>BLT Sandwich Potato Chips Carrot Cake</div> <div>Tomato Basil</div>	<div>October 2nd Oktoberfest</div> <div>Bratwurst w/ Sauerkraut & Apples German Potato Salad Harvard Beets German Apple Cake</div> <div>October 9th Starter: Soup or Salad</div> <div>Meatloaf Mashed Potatoes & Gravy Asparagus Dinner Roll French Silk Pie Chicken & Dumpling Soup</div> <div>October 16th Starter: Soup or Salad</div> <div>BBQ Ribs Baked Potato Vegetable Blend Apple Pie Ala Mode Ham & Potato Chowder</div> <div>October 23rd Starter: Soup or Salad</div> <div>Country Fried Steak Mashed Potatoes & Gravy Stuffing Buttered Corn Pecan Pie Beef & Black Bean Soup</div> <div>October 30th Starter: Soup or Salad</div> <div>Roast Turkey Mashed Potatoes & Gravy Acorn Squash Dinner Roll Strawberry Rhubarb Pie Ala Mode Chicken Barley Soup</div>	<div>October 3rd Starter: Soup or Salad</div> <div>Beef Stroganoff over Egg Noodles Buttered Carrots Lemon Poppyseed Cake White Bean Chicken Chili</div> <div>October 10th Starter: Soup or Salad</div> <div>Chicken Ala King Over Biscuit Vegetable Blend Pumpkin Dump Cake Stuffed Pepper Soup</div> <div>October 17th Starter: Soup or Salad</div> <div>Lemon Buttered Cod Wild Rice Blend Steamed Spinach Strawberry Crunch Poke Cake French Onion Soup</div> <div>October 24th Starter: Soup or Salad</div> <div>Lasagna Green Beans Garlic Bread Pumpkin Dessert Lasagna Chicken Pot Pie Soup</div> <div>October 31st Starter: Bat's Blood Soup (Tomato Basil)</div> <div>Witches Brew Stew Over Biscuit Boo-lishous Broccoli Halloween Magic Bars Swamp Juice Available</div>	<div>October 4th Starter: Soup or Salad</div> <div>Hot Turkey Sandwich Mashed Potatoes & Gravy Green Beans Frosted Brownie Vegetable Beef</div> <div>October 11th Starter: Soup or Salad</div> <div>Chow Mein Hamburger Hot Dish Cream Cheese Wontons Blueberry Heaven on Earth Cake Chicken & Dumpling Soup</div> <div>October 18th Starter: Soup or Salad</div> <div>Spaghetti w/ Meat sauce Steamed Broccoli Garlic Bread Rhubarb Custard Cake Ham & Potato Chowder</div> <div>October 25th Starter: Soup or Broccoli Bacon Salad</div> <div>BBQ Chicken Sandwich Tater Tots Banana Chocolate Chip Cake Chef's Choice</div> <div>Menu is Subject to Change</div>	<div>October 5th</div> <div>Chili Dog Tater Tots Pasta Salad Ice Cream Treat</div> <div>October 12th</div> <div>Chicken Drumsticks Baked Beans Coleslaw Ice Cream Treat</div> <div>October 19th</div> <div>Turkey Bacon Ranch Sandwich on Hoagie Bun Potato Chips Mandarin Oranges Ice Cream Treat</div> <div>October 26th</div> <div>Pizza Hotdish Buttered Peas Garlic Bread Ice Cream Treat</div> <div></div>	<div>October 6th</div> <div>Crispy Chicken Sandwich Potato Chips Carrot Raisin Salad Cookies</div> <div>October 13th</div> <div>Tater Tot Breakfast Bake Maples Sausage Fresh Fruit Assorted Danish</div> <div>October 20th</div> <div>BBQ Beef Sandwich Onion Rings Potato Salad Cookies</div> <div>October 27th</div> <div>Chicken Kiev Rice Pilaf Buttered Carrots Cookies</div> <div>Kitchen Phone 651-766-4466</div>

If you are interested in doing puzzles, we have a great assortment! Please see Jennifer at the front desk!

FEELING CREATIVE? CHECK OUT THE CLASSES OFFERED HERE BY OUR OWN TENANTS. DETAILS ARE POSTED ON THE BULLETIN BOARD EACH MONTH. SPACE IS LIMITED & FILLS UP QUICKLY!

BIBLE STUDY

Greg Whitney will be in the TV room on Wednesday's at 10 am
Phil Terrill will be in the TV room on Friday's at 2 pm
See calendar for dates.

Social Hour

2nd and 4th Fridays at 3:30pm.
Soda \$1, Beer and Wine \$2.
Hosted by the Tenant Council.
JOIN YOUR NEIGHBORS!

Tuesday's in the afternoon.
Church Services are on a set schedule.
10/1 First United Methodist 2 pm
10/8 Chisago Lake Lutheran 2 pm
10/15 Zion Lutheran 2 pm
10/22 Maranatha 2 pm
10/29 First United 2 pm



GREETING CARDS

Greeting Cards are located in the library on a stand next to the door!
Help yourself!

WEEKLY CARDS/GAMES

COME JOIN US IN A GAME OF CARDS, PLAY BINGO WITH US, OR JUST PUT A FEW PIECES TOGETHER AT THE PUZZLE TABLE.

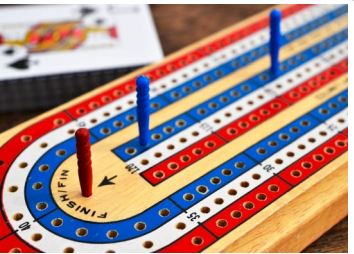


	6	7	8	9	10
Spades	40	140	240	340	440
Clubs	60	160	260	360	460
Diamonds	80	180	280	380	480
Hearts	100	200	300	400	500
No Trump	120	220	320	420	520

500 Club TUESDAY 6pm



THURSDAY'S
CRIBBAGE 2PM
SPINNER 2PM
BRIDGE 3PM



BINGO
SATURDAY's 2 PM

FAST TRACK

Sunday's at 2pm



SERVICES

Craft class: October 2, 2024, Make a Purse from Placemats
GAITHER VIDEO RESUMES: Saturday, October 5, 2024 6:00 pm in TV room.
Pleasant Valley Orchard Tour: October 8, Bus leaving at 1 pm and returning at 3:15
Mary Jo Murphy, Democrat: October 9th at 3 pm in the dining room, Coffee & Cookies after.
Prayer Shawl: October 9, 2 pm See Cookie for information/Bulletin Board
Book Club: October 14th, at 10 am in fireside room w/Marian
Shopping bus: Every Tuesday leaving at 9:30, going to Local businesses and Target/Walmart every other Tuesdays. Medical appointments will need to be scheduled on your own or use Arrowhead Transit, see Jennifer
Lunch Bunch: Pizza Pub of Forest Lake, October 15th, Bus leaves at 11:00 am returns at 1:30 See bulletin board for sign up.
Fraud Talk: Brandon Thyen, Chisago County Sheriff, Oct 21, 2 pm in the Diningroom
Blessings of Walkers-Pastor Bill @ Maranatha, October 22, 2 pm in the Dining room
October Birthday Celebration: Wednesday, October 23, Dave Johnson entertaining

REBECCA HENDERSON
Our New PPH Beautician
OWNER OF SOO FLY SALON
SHAHER, MN
Now taking Appointments
612-607-4121

Zion Evangelical Lutheran Church
Where the Hungry are Fed
Community meals served every Monday from 4-6pm at Zion Lutheran Church.

The Foot Care Nurse
Jessica Lyall, RN, BSN, PHN
651-243-0213
thefootcarenurse@gmail.com

BRINK'S market
BRINKS DELIVERS ON
WEDNESDAY'S FOR \$3.00
Please call in your order by 2pm Tuesday.

ARROWHEAD TRANSIT
Your ride.
To schedule rides: Call **800-862-0175**
Option 13 for Chisago County.
Free tickets at Reception desk

October 2024

ECUMEN POINT PLEASANT HEIGHTS



Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 9:30 am Walmart/Target 2pm First United Methodist Church 6 pm 500 Club	2 10 am Bible Study 11:30 OKTOBERFEST German meal/Pretzels & Beer 2pm Craft Class / Purses 3 pm Mahjong in Coffee rm	3 10 am Catholic Communion Service 2 pm Game Time 3 pm Bridge	4 10 am Cookie Friday in Coffee Shop 2 pm Bible Study	5 2 pm Bingo  6:00 Gaither Series
6 2 pm Fast Track game 4 pm Mahjong lessons	7 1 pm Hand and Foot in coffee shop	8 9:30 am Local Shopping bus 1:00 pm Pleasant Valley Apple Orchard Tour 2pm Chisago Lutheran 6 pm 500 Club	9 10 am Bible Study 2 pm Prayer Shawl in dining room 3 pm Mahjong in Coffee rm 3 pm Mary Jo Murphy, Democrat	10 10 am Catholic Communion Service 2 pm Game Time 3 pm Bridge	11 10 am Cookie Friday in Coffee Shop 2 pm Bible Study 3:30 Social Hour 	12 2 pm Bingo 
13 2 pm Fast Track game 4 pm Mahjong lessons	14 10 am Book Club 1 pm Hand and Foot in coffee shop	15 9:30 am Walmart/Target shopping bus 11:30 Lunch Bunch Pizza Pub Forest Lake 2 pm Zion Lutheran Church 6 pm 500 Club	16 10 am Bible Study 2 pm Tenant Meeting 3 pm Mahjong in Coffee rm	17 10 am Catholic Communion Service 2 pm Game Time 3 pm Bridge	18 10 am Cookie Friday in Coffee Shop 2 pm Bible Study	19 2 pm Bingo 
20 2 pm Fast Track game 4 pm Mahjong lessons	21 1 pm Hand and Foot in coffee shop 2pm Brandon Thyen, Chisago Cty Sheriff talk on Fraud	22 9:30 am Local Shopping bus 2pm Maranatha Church Blessing of the Walkers In the Dining room 6 pm 500 Club	23 10 am Bible Study 2 pm Birthday Celebration Dave Johnson 3 pm Mahjong in Coffee rm 	24 10 am Catholic Communion Service 2 pm Game Time 3 pm Bridge	25 10 am Cookie Friday in Coffee shop  2 pm Bible Study 3:30 Social Hour 	26 2 pm Bingo 
27 2 pm Fast Track game 4 pm Mahjong lessons	28 1 pm Hand and Foot in coffee shop	29 9:30 am Walmart/Target 2pm First United Methodist Church 6 pm 500 Club	30 10 am Bible Study 3 pm Mahjong in Coffee rm	31 10 am Catholic Communion Service 2 pm Game Time 3 pm Bridge Dress UP in Costume Spooky Lunch		