

BUILDING INFORMATION



RECYCLING

Guidelines are posted in each trash room. No Styrofoam, no plastic bags, no garbage. Throw out takeout boxes.
If in doubt, throw it out!

TOWNHOME RECYCLING

Schedule: Every other Monday.
Please contact Chisago Lakes Sanitation: 651-257-4763

STAFF DIRECTORY

Jennifer: Tenant Services/Front desk—651-257-4035 Call Jennifer for activity questions, work orders, all tenant services, guest room or dining room reservations.

Mara: Housing Director—651-766-4464 Call Mara with building or apartment feature concerns, lease questions, move-out notice, family concerns, rent and billing questions.

Darlene: Marketing Manager: 651-766-4465 Call Darlene for unit availability.

Jeannie: Kitchen Manager 651-766-4468 Call with menu questions/concerns.

Kitchen: 651-766-4466 Please call before 10:00 am to order/change/cancel a meal.

Ed: Fill out a work order at the front desk, place it in the basket by the bulletin board.

Ecumen Integrity Line: Report your concerns and suggestions by calling the corporate office at 1-844-614-2498, 7 days a week, 24 hours a day.

HOW CAN WE HELP YOU?

EMERGENCY MAINTENANCE AFTER HOURS EMERGENCY



612-269-5840

Normal maintenance requests during regular working hours, please fill out a work order at the front office.

**CALL 911
FOR FIRE OR MEDICAL EMERGENCY**

FRIENDLY REMINDER:

Visitors must buzz the Tenant they are visiting or check in with a Staff person upon entering the building. This is for your Safety and the Security of all our Tenants here!

Thank you for your Cooperation!

ECUMEN

Point Pleasant Heights

28600 Fairway Lane, Chisago City, MN 55013
Phone: 651-257-4035 PPH Fax: 651-257-4080

March 2025



Independent Living 55+ Apartments & Townhomes



**NEW DIGITAL SIGNS AT THE FRONT DESK AREA
AND THE COFFEE SHOP! YOU WILL SEE OUR
DAILY MENU, DATE, TIME & WEATHER & WEEKLY
ACTIVITIES! ECUMEN IS KEEPING US UP TO DATE!**



Activities

GAITHER
SERIES

Saturday,
March 1st
at 6:00 pm
in TV room

CRAFT CLASS

Wednesday,

March 5th

2 pm in Dining room

Maka a Paper

Flower (Peony)

Sign up at Front desk

PPH SHOPPING BUS

1st Tuesday - Local

3rd Tuesday—Forest
Lake

9:30 am-11:30 am

Local & Target/Walmart

See sign up sheet



March Birthdays

Robert “Bob” Olson	1
Nancy Thalacker	5
Jonda DeLozier	8
Holly Freehling	8
Darlene Dent	9
Virginia Erickson	9
Marilyn Gay	12
Arliss Brotzler	23
DiAnn Copps	23
Shirley Thomas	24
Elaine Gemuenden	25
Karen Rickert	26
Marian Anderson	27
Patrick Wood	28
Tom Paul	30

BINGO
CARDS
HURRAY!!

You reached your
goal to purchase
the new Bingo
cards!

NEW!
TOURNAMENT
STYLE
CRIBBAGE
WEDNESDAY's
6pm
BRING \$.25

PLEASE PLACE YOUR FOODSHARE DONATIONS ON
THE TABLE IN THE DININGROOM, CHECKS/CASH TO
JONELLE MATTSON OR JENNIFER AT FRONT DESK



Ecumen Point Pleasant Heights Menu ~ March 2025

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<div>March 3rd</div> <div>Starter: Soup or Salad</div> <div>Stuffed Cabbage</div> <div>Spanish Rice</div> <div>Vegetable Blend</div> <div>Chocolate Chip Cookie Bar</div> <div>Vegetable Beef Soup</div> <div>March 10th</div> <div>Starter: Soup or Salad</div> <div>Pork Chop in Mushroom Gravy</div> <div>Mashed Potatoes</div> <div>Glazed Carrots</div> <div>Honey Bun Cake</div> <div>Chili</div> <div>March 17th</div> <div>St. Patrick's Day</div> <div>Creamy Potato Soup</div> <div>Corned Beef and Cabbage</div> <div>Baby Carrots</div> <div>Red Potatoes</div> <div>Mint Chocolate Chip Ice Cream</div> <div>March 24th</div> <div>Starter: Soup or Salad</div> <div>Beef Stroganoff</div> <div>Egg Noodles</div> <div>Green Beans</div> <div>Bread Pudding</div> <div>Clam Chowder</div> <div>March 31st</div> <div>Starter: Soup or Salad</div> <div>Hamburger Steak w/ Onion Gravy</div> <div>Mashed Potatoes</div> <div>Green Beans</div> <div>Mounds Bar</div> <div>Chicken Cordon Blue Soup</div>	<div>March 4th</div> <div>Fat Tuesday (Mardi Gras)</div> <div>Mardi Gras Salad</div> <div>Cajun Chicken Pasta</div> <div>Creole Cornbread</div> <div>Cajun Cake</div> <div>March 11th</div> <div>Starter: Soup or Salad</div> <div>BBQ Chicken Legs</div> <div>Baked Potato</div> <div>Buttered Peas</div> <div>Frosted Brownie</div> <div>Chicken Noodle Soup</div> <div>March 18th</div> <div>Starter: Soup or Fresh Fruit</div> <div>Chef Salad</div> <div>Dinner Roll</div> <div>Strawberry Shortcake</div> <div>Cheeseburger Soup</div> <div>March 25th</div> <div>Starter: Soup or Salad</div> <div>Turkey Tetrazzini</div> <div>Buttered Corn</div> <div>Dinner Roll</div> <div>Heaven on Earth Cake</div> <div>Beef & Black Bean</div> <div>March 31st</div> <div>Starter: Soup or Salad</div> <div>Hamburger Steak w/ Onion Gravy</div> <div>Mashed Potatoes</div> <div>Green Beans</div> <div>Mounds Bar</div> <div>Chicken Cordon Blue Soup</div>	<div>March 5th</div> <div>Starter: Soup or Salad</div> <div>Roast Turkey</div> <div>Mashed Potatoes & Gravy</div> <div>Peas & Carrots</div> <div>Dinner Roll</div> <div>Strawberry Rhubarb Pie</div> <div>Ala Mode</div> <div>Vegetable Beef Soup</div> <div>March 12th</div> <div>Starter: Soup or Salad</div> <div>Pot Roast</div> <div>Mashed Potatoes & Gravy</div> <div>Green Beans</div> <div>Dinner Roll</div> <div>Apple Pie Ala Mode</div> <div>Chili</div> <div>March 19th</div> <div>Starter: Soup or Salad</div> <div>Braised Pork Roast</div> <div>Mashed Potatoes & Gravy</div> <div>Peas & Carrots</div> <div>Blueberry Pie Ala Mode</div> <div>Sauerkraut Soup</div> <div>March 26th</div> <div>Starter: Soup or Salad</div> <div>Meatloaf</div> <div>Mashed Potatoes & Gravy</div> <div>Buttered Peas</div> <div>Lemon Meringue Pie</div> <div>Clam Chowder</div> <div>March 31st</div> <div>Starter: Soup or Salad</div> <div>Hamburger Steak w/ Onion Gravy</div> <div>Mashed Potatoes</div> <div>Green Beans</div> <div>Mounds Bar</div> <div>Chicken Cordon Blue Soup</div>	<div>March 6th</div> <div>Starter: Soup or Salad</div> <div>Beef Stew</div> <div>Buttermilk Biscuit</div> <div>Steamed Broccoli</div> <div>7-Layer Bar</div> <div>Navy Bean w/ Ham</div> <div>March 13th</div> <div>Starter: Soup or Coleslaw</div> <div>Battered Walleye</div> <div>Potato Wedges</div> <div>Lunch Lady Peanut Butter Bar</div> <div>Chicken Noodle Soup</div> <div>March 20th</div> <div>Starter: Soup or Salad</div> <div>Chicken Picatta</div> <div>Rice Pilaf</div> <div>Steamed Broccoli</div> <div>Chocolate Éclair Dessert</div> <div>Cheeseburger Soup</div> <div>March 27th</div> <div>Starter: Soup or Salad</div> <div>Pork Chow Mein</div> <div>Steamed Rice</div> <div>Eggroll</div> <div>Gingerbread Cookie Bar</div> <div>Beef & Black Bean</div> <div>Menu is Subject to Change</div>	<div>March 7th</div> <div>Starter: Soup or Salad</div> <div>Chicken Noodle Casserole</div> <div>Buttered Corn</div> <div>Dinner Roll</div> <div>Lemon Lush Dessert</div> <div>Vegetable Beef</div> <div>March 14th</div> <div>Starter: Soup or Salad</div> <div>Goulash</div> <div>Vegetable Blend</div> <div>Dinner Roll</div> <div>Jello Cake</div> <div>Chili</div> <div>March 21st</div> <div>Starter: Soup or Salad</div> <div>Ham Casserole w/ Broccoli & Rice</div> <div>Buttered Carrots</div> <div>Spice Cake</div> <div>Sauerkraut Soup</div> <div>March 28th</div> <div>Starter: Soup or Salad</div> <div>Hot Turkey Sandwich</div> <div>Mashed Potatoes & Gravy</div> <div>Vegetable Blend</div> <div>Black Forest Cake</div> <div>Chef's Choice</div> <div>March 31st</div> <div>Starter: Soup or Salad</div> <div>Hamburger Steak w/ Onion Gravy</div> <div>Mashed Potatoes</div> <div>Green Beans</div> <div>Mounds Bar</div> <div>Chicken Cordon Blue Soup</div>	<div>March 1st</div> <div>Sloppy Joe</div> <div>Onion Rings</div> <div>Carrot Raisin Salad</div> <div>Ice Cream Treat</div> <div>March 8th</div> <div>BBQ Bacon</div> <div>Cheeseburger</div> <div>French Fries</div> <div>Coleslaw</div> <div>Ice Cream Treat</div> <div>March 15th</div> <div>Biscuit & Gravy</div> <div>Scrambled Eggs</div> <div>Sausage Links</div> <div>Apple Turnover</div> <div>March 22nd</div> <div>Tater Tot Hot Dish</div> <div>Buttered Corn</div> <div>Dinner Roll</div> <div>Ice Cream Treat</div> <div>March 29th</div> <div>Chili Dog</div> <div>French Fries</div> <div>Coleslaw</div> <div>Ice Cream Treat</div> <div>March 30th</div> <div>French Toast Bake</div> <div>Scrambled Eggs</div> <div>Sausage Patty</div> <div>Assorted Muffins</div> <div>Kitchen Phone 651-766-4466</div>	<div>March 2nd</div> <div>Chicken Cordon Blue</div> <div>Scalloped Potatoes</div> <div>Mixed Vegetables</div> <div>Butterscotch Pudding</div> <div>March 9th</div> <div>Chicken Tenders</div> <div>Mashed Potatoes & Gravy</div> <div>Broccoli Bacon Salad</div> <div>Cookies</div> <div>March 16th</div> <div>BBQ Chicken Sandwich</div> <div>French Fries</div> <div>Peas & Cheese Salad</div> <div>Ice Cream Treat</div> <div>March 23rd</div> <div>Breaded Chicken Sandwich</div> <div>French Fries</div> <div>Pickled Beets</div> <div>Tapioca Pudding</div> <div>March 30th</div> <div>French Toast Bake</div> <div>Scrambled Eggs</div> <div>Sausage Patty</div> <div>Assorted Muffins</div>

If you are interested in doing puzzles, you can find them in the Fireplace room shelves or TV room cabinets.

DID YOU KNOW?

We consumed 321 gallons of milk, 432 lbs of butter & 2700 eggs!!

BIBLE STUDY's in the TV ROOM

Wednesday's @10 am with Greg Whitney
Friday's @ 2 pm with John & Mary Huebner

See calendar for dates.



Social Hour

2nd and 4th Fridays at 3:30pm.
Soda \$1, Beer and Wine \$2.
Hosted by the Tenant Council.

JOIN YOUR NEIGHBORS!

Tuesday's at 2 pm Join us for a Church Service

3/4 First United Methodist 2 pm
3/11 Chisago Lake Lutheran 2 pm
3/18 Zion Lutheran 2 pm
3/25 Maranatha 2 pm

Greeting cards are available in the
Library! Help yourself!

There is no charge!



WEEKLY CARDS/GAMES



MONDAY's at 1pm

	6	7	8	9	10
Spades	40	140	240	340	440
Clubs	60	160	260	360	460
Diamonds	80	180	280	380	480
Hearts	100	200	300	400	500
No Trump	120	220	320	420	520

500 Club
TUESDAY 's 6pm



MAHJONG

WEDNESDAY'S
MAHJONG 3 PM

TOURNAMENT
STYLE CRIBBAGE

WEDNESDAY's
at 6 PM,
BRING \$.25



THURSDAY's
SPINNER 2PM
BRIDGE 3PM



BINGO
SATURDAY's 2 PM



FAST TRACK
SUNDAY's 2 PM



GAITHER Series Video showing: Saturday, March 1st @ 6:00 pm in TV room.

Craft class: March 5th @ 2 pm in the dining room, Make a Paper Peony Flower

Prayer Shawl: March 12th @ 2 pm in the dining room, Bring a project to finish or create a new tie blanket. See what fun projects others are doing!

Book Club: March 10th @ 10 am in fireside room w/Marian

Shopping Bus: First Tuesday-Local and Third Tuesday-Walmart/Target/Aldi in Forest Lake. Bus leaves at 9:30 and returns at 11:30.

Lunch Bunch: March 13th, New Scandia Cafe, Bus is leaving at 11:30 am returns 1:30

Trivia W/ Mara: 50s Trivia 2 pm in the Dining room

Tenant Meeting: Wednesday, March 19th @ 2 pm in the Dining room

Bus Trip: Bus leaves PPH at 10:30 am and leaving

Comfort Keepers Presentation: Monday, March 24 @ 2 pm with Vanesa Hopkey in the diningrm.

Celebrate Birthdays: Wednesday, March 26th @ 2 pm in the Dining room, Lonesome Ron

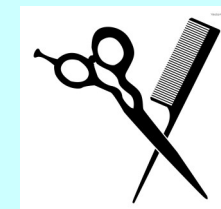
LifeFone Presentation: Friday, March 28th @ 2pm with Thomas Crossman in the dining room.

REBECCA HENDERSON

PPH BEAUTICIAN

To make a
Appointment

Call 612-607-4121



Where the Hungry are Fed

Community meals served
every Monday
from 4-6pm at
Zion Lutheran Church.



Jessica Lyall, RN, BSN, PHN

651-243-0213

thefootcarenurse@gmail.com



BRINKS
DELIVERS
ON
WEDNESDAY'S
FOR \$3.00

Please call in your order by 2pm
Tuesday. 651-257-1700



Your ride.

To schedule rides: Call 800-862-0175
Option 13 for Chisago County.

Free tickets at Reception desk



2025

ECUMEN[®]

Point Pleasant Heights



Sun	Mon	Tue	Wed	Thu	Fri	Sat
				BRING YOUR FOOD SHELF ITEMS TO THE DINING ROOM FOR COLLECTION!!	PPH FOOD SHELF FOOD DRIVE MARCH 1-12, DELIVERY TO FAMILY PATHWAYS 3/13/25	1 2 pm Bingo 6 pm Gaither Video Series
2 2 pm Fast Track game 4 pm Mahjong lessons	3 9:30 am Bible Book Study 1 pm Hand & Foot	4 9:30 am Local SHOPPING BUS 2pm First United Methodist 6 pm 500 Club	5 10 am Bible Study 2 pm Craft/Flower 3pm Mahjong 6 pm Cribbage	6 10 am Catholic Communion Service 2 pm Spinners 3 pm Bridge	7 10 am Cookie Friday 2 pm Bible Study	8 2 pm Bingo
9 2 pm Fast Track game 4 pm Mahjong lessons	10 9:30 am Bible Book Study 10 am Book Club 1 pm Hand & Foot	11 2 pm Chisago Lutheran 6 pm 500 Club	12 10 am Bible Study 2 PM Prayer Shawl 3 pm Mahjong 6 pm Cribbage	13 10 am Catholic Communion Service 11:30 am Lunch Bunch, Bus going to New Scandia Café 2 pm Spinners 3 pm Bridge	14 10 am Cookie Friday 2 pm Bible Study 3:30 Social Hour	15 2 pm Bingo
16 2 pm Fast Track game 4 pm Mahjong lessons	17 WEAR GREEN TODAY 9:30 am Bible Book Study 1 pm Hand & Foot 2 pm TRIVIA w/MARA	18 9:30 am SHOPPING BUS WALMART—TARGET- ALDI 2pm Zion Lutheran 6 pm 500 Club	19 10 am Bible Study 2 pm Tenant meeting 3 pm Mahjong 6 pm Cribbage	20 FIRST DAY OF SPRING 10 am Catholic Communion Service 2 pm Spinners 3 pm Bridge	21 10 am Cookie Friday 2 pm Bible Study	22 2 pm Bingo
23 2 pm Fast Track game 4 pm Mahjong lessons	24 9:30 am Bible Book Study 1 pm Hand & Foot 2 pm Comfort Keepers Presentation in Diningrm	25 2pm Maranatha 6 pm 500 Club	26 10 am Bible Study 2 pm Celebrate Birthday's Lonesome Ron 3 pm Mahjong 6 pm Cribbage	27 10 am Catholic Communion Service 2 pm Spinners 3 pm Bridge	28 10 am Cookie Friday 2 pm Bible Study 2 pm Presentation by Tom Cross/LifeFone in Diningrm 3:30 Social Hour	29 2 pm Bingo
30 2 pm Fast Track game 4 pm Mahjong lessons	31 9:30 am Bible Book Study 1 pm Hand & Foot					