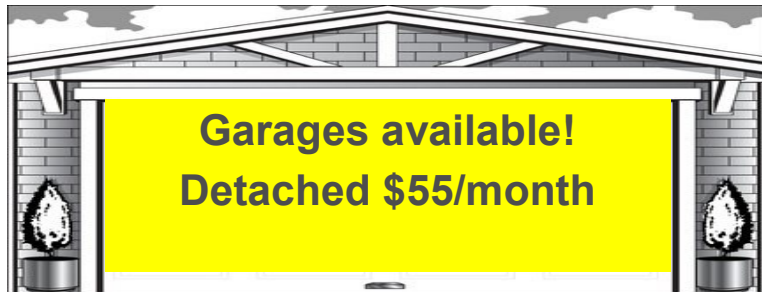


BUILDING INFORMATION



RECYCLING

Guidelines are posted in each trash room. No Styrofoam, no plastic bags, no garbage. Throw out takeout boxes.

If in doubt, throw it out!

TOWNHOME RECYCLING

**Schedule: Every other Monday.
Please contact Chisago Lakes
Sanitation: 651-257-4763**



EMERGENCY MAINTENANCE

AFTER HOURS 612-269-5840

Normal maintenance requests during regular working hours, please fill out a work order at the front office.

**CALL 911
FOR FIRE OR MEDICAL EMERGENCY**

FRIENDLY REMINDER:

Visitors must buzz the Tenant they are visiting or check in with a Staff person upon entering the building. This is for your Safety and the Security of all our Tenants here!

Thank you for your Cooperation!

STAFF DIRECTORY

Jennifer: Tenant Services/Front desk—651-257-4035 Call Jennifer for activity questions, work orders, all tenant services, guest room or dining room reservations.

Mara: Housing Director—651-766-4464 Call Mara with building or apartment feature concerns, lease questions, move-out notice, family concerns, rent and billing questions.

Darlene: Marketing Manager: 651-766-4465 Call Darlene for unit availability.

Jeannie: Kitchen Manager 651-766-4468 Call with menu questions/concerns.

Kitchen: 651-766-4466 Please call before 10:00 am to order/change/cancel a meal.

Ed: Fill out a work order at the front desk, place it in the basket by the bulletin board.

Ecumen Integrity Line: Report your concerns and suggestions by calling the corporate office at 1-833-256-8411, 7 days a week, 24 hours a day.

HOW CAN WE HELP YOU?

ECUMEN

Point Pleasant Heights

28600 Fairway Lane, Chisago City, MN 55013
Phone: 651-257-4035 PPH Fax: 651-257-4080

SEPTEMBER 2025



Independent Living 55+ Apartments & Townhomes





September 9th at 10 am



**Book club will continue on
the 2nd Tuesday of the
month! If you have
s, contact Joyce Kaiser!**



**MEET THE GROUP M-SAT @ 9 AM FRONT
BENCH BY FLAG POLE. WALK WITH YOUR
NEIGHBORS & KEEP OUR STREETS TIDY!
Bring gloves, small garbage bag &/or broom.**

CRAFT CLASS

1ST WEDNESDAY OF THE MONTH

Come to the front desk and see the sample of the craft.

Sign up sheet is posted on the bulletin board.



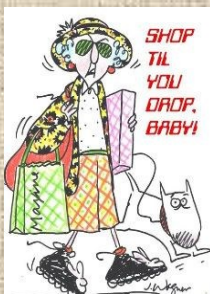
**2ND WEDNESDAY
of the Month
Starting in October
(Formerly Prayer
Shawl)**

GAITHER, Southern Gospel Video Program resumes Sat, Sept 6th, Hosted by Marlene Tangen in the TV Room



Paula Williams	2
Marianna Overgaard	4
Ellen Hawkinson	16
Wes Prose	16
Vada Leigh	18
Melva Gustafson	21
Jim Price	27
Karen Braasch	29

Cornhole, Croquet and a Horse shoe pit are available. Games are in the cabinet on the patio. Set up a game next to garden boxes. Enjoy our beautiful patio



SHOPPING BUS
1st and 3rd Tuesday
Going to Forest Lake
9:30 am-11:30 am Sign
up sheet at Front desk

REMEMINDER: PLEASE REMEMBER TO SHUT THE COOLER AFTER PICKING UP MEALS:-

Ecumen Point Pleasant Heights Menu ~ September 2025


Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
September 1st Labor Day Grilled Bratwurst Potato Salad 7-layer Salad Bridgman's Butter Brittle Ice-cream	September 2nd Starter: Soup or Salad Turkey Tetrazzini Buttered Corn Dinner Roll Peach heaven on Earth Cake	September 3rd Starter: Soup or Salad Meatloaf Mashed Potatoes & Gravy Steamed Broccoli Pecan Pie	September 4th Starter: Soup or Salad Cheesy Ham & Potato Casserole Peas & Carrots Dinner Roll Chocolate Cake	September 5th Starter: Soup or Salad Cod Picatta Wild Rice Blend Steamed Spinach Lemon Bar	September 6th Cuban Sloppy Joe Onion Rings Potato Salad Ice Cream Treat	September 7th Chicken Drumsticks French Fries Coleslaw Tapioca Pudding
September 8th Starter: Soup or Salad Baked Ziti Green Beans Garlic Bread Orange Pineapple Cake	September 9th Starter: Soup or Salad Grilled Chicken Sandwich Broccoli Bacon Salad Robert Redford Dessert	September 10th Starter: Soup or Salad Braised Pork Roast Twice Baked Potatoes Glazed Carrots Custard Pie	September 11th Starter: Soup or Caesar Salad Garlic Shrimp Scampi Over Linguini Asparagus Garlic Bread Blueberry Bread Pudding	September 12th Starter: Soup or Salad Tater Tot Hotdish Buttered Beets Dinner Roll Lemon Poppyseed Cake	September 13th Ham Salad Croissant Sandwich Tomato Basil Soup Potato Chips Butterscotch Pudding	September 14th Chicken Noodles Casserole Vegetable Blend Dinner Roll Ice Cream Treat
September 15th Starter: Soup or Salad Hot Beef Sandwich Mashed Potatoes & Gravy Mixed Vegetables Peach Cobbler	September 16th Starter: Soup or Salad Sausage Stuffed Squash Roasted Cauliflower Dinner Roll Spice Cake	September 17th Starter: Soup or Salad Baked Chicken Mashed Potatoes & Gravy Buttered Peas Strawberry Cheesecake	September 18th Fresh Fruit French Toast Bake Scrambled Eggs Sausage Links Orange Dream Salad	September 19th Starter: Soup or Fruit Chicken Chop Salad Dinner Roll Scotcheroo Bar	September 20th Hamburger Hotdish w/ Rice Vegetable Blend Dinner Roll Ice Cream Treat	September 21st Breaded Pork Tenderloin Sandwich Waffle Fries Cauliflower Salad Chocolate Pudding
September 22nd Starter: Soup or Salad Creamy Mustard Chicken Over Penne Pasta California Medley Garlic Breadstick Banana Cake	September 23rd Starter: Soup or Salad Porcupine Meatballs Steamed Rice Harvard Beets Frosted Brownie	September 24th Starter: Soup or Salad BBQ Ribs & Breaded Shrimp Baked Potato Honey Butter Carrots Pumpkin Pie	September 25th Starter: Soup or Salad Fried Chicken Cheesy Potatoes Coleslaw Lunch Lady Peanut Butter Bar	September 26th Starter: Soup or Salad Hamburger Stroganoff Over Mashed Potatoes Creamed Peas Rhubarb Cake	September 27th Egg Salad Sandwich on Wheat Bowl of Chili Lemon Pudding	September 28th Sweet & Sour Chicken Over Rice Vegetable Blend Dinner Roll Ice Cream Treat
September 29th Starter: Soup or 3-Bean Salad BBQ Pork Sandwich Onion Rings Carrot Cake	September 30th Starter: Soup or Salad Goulash Buttered Corn Dinner Roll Rice Crispy Bar	Beef & Black Bean 	Creamy Italian Soup 	Beef & Black Bean 		Kitchen Phone 651-766-4466



BIBLE STUDY's in the TV ROOM

Wednesday's @10 am, Greg Whitney

Friday's @ 1:30 pm with John & Mary Huebner



Social Hour

2nd and 4th Fridays at 3:30pm.
Soda \$1, Beer and Wine \$2.
Hosted by the Tenant Council.

JOIN YOUR NEIGHBORS!




Tuesday's at 2 pm

Join us for a Church Service

9/2 First United Methodist
9/9 Chisago Lake Lutheran
9/16 Zion Lutheran
9/23 Maranatha
9/30 Zion Lutheran

Greeting cards are available in the Library at no charge to you. Borrow a book, No check out is necessary!



Let's Go Fishing: September 2nd & 9thth at 10 am. Transportation is on your own. (Note time change) is 10:00 am. Be at boat launch at 9:45 am

Shopping Bus: First and Third Tuesday-Walmart/Target/Aldi in Forest Lake. Bus leaves at 9:30 and returns at 11:30.

Tenant Meeting in September: 2pm in the Dining room

Lunch Bunch: September 5, Taylors Falls Scenic Boat Tour, Bus from PPH leaves at 9:30 am, Lunch at River Boat Patio and Launch is at 11:00, re-turning at 1:30

Bus Trip: Sunrise Farm, Wyoming Mn, September 23rd, Bus leaves at 1 pm, returning around 3pm. Apples, goodies and fall fun!

Celebrate Birthdays: Wednesday, September at 2 pm in the Dining room, with Mary Hall

WEEKLY CARDS/GAMES



MONDAY's

Hand & Foot 1 pm



THURSDAY's

Spinners 2pm



SATURDAY'S

BINGO 2 pm

REBECCA HENDERSON

PPH BEAUTICIAN

To make a Appointment

Call 612-607-4121



BRINKS DELIVERS ON WEDNESDAY'S FOR \$3.00

Please call in your order by 2pm Tuesday. 651-257-1700

	6	7	8	9	10
Spades	40	140	240	340	440
Clubs	60	160	260	360	460
Diamonds	80	180	280	380	480
Hearts	100	200	300	400	500
No Trump	120	220	320	420	520

TUESDAY'S

500 Club 6 pm



SUNDAY'S

Fast Track 2 pm

Games 6 pm



MAHJONG

WEDNESDAY'S

Mahjong 3 pm

Cribbage 6 pm



Zion⁺ Evangelical Lutheran Church
Where the Hungry are Fed

Community meals served every Monday from 4-6pm at Zion Lutheran Church.



The Foot Care Nurse

Jessica Lyall, RN, BSN, PHN
651-243-0213
thefootcarenursemn@gmail.com



ARROWHEAD TRANSIT Your ride.

To schedule rides: Call **800-862-0175**
Option 13 for Chisago County.










Free tickets at Reception desk

September 2025



ECUMEN®

Point Pleasant Heights

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 LABOR DAY 1 pm Hand & Foot STAFF IS OUT OF OFFICE KITCHEN STAFF IS HERE	2 10 am Let's go Fishing 9:30 am SHOPPING BUS WALMART-TARGET-ALDI 2pm First United Methodist 3 pm Coloring & Music	3 10 am Bible Study 2 pm Craft Class 3pm Mahjong 6 pm Cribbage	4 10 am Catholic Communion Service 2 pm Spinners 3 pm Bridge	5 9:30 LUNCH BUNCH— Taylors Falls Boat Tour 10 am Cookie Friday 1:30PM Bible Study	6  2 pm Bingo 6 pm Gaither Video Series
7 2 pm Fast Track game 4pm Mahjong 6 pm Games	8 10 am BOOK CLUB 1 pm Hand & Foot	9 10 am Let's go Fishing 2 pm Chisago Lutheran 6 pm 500 Club	10 10 am Bible Study 3pm Mahjong 6 pm Cribbage	11 10 am Catholic Communion Service 2 pm Spinners 3 pm Bridge	12 10 am Cookie Friday 1:30PM Bible Study 3:30 Social Hour 	13  2 pm Bingo
14 2 pm Fast Track game 4pm Mahjong 6 pm Games	15 1 pm Hand & Foot	16 9:30 am SHOPPING BUS WALMART-TARGET-ALDI 2 pm Zion Lutheran 6 pm 500 Club	17 10 am Bible Study TENANT MEETING 3 pm Mahjong 6 pm Cribbage	18 10 am Catholic Communion Service 2 pm Spinners 3 pm Bridge	19 10 am Cookie Friday 1:30PM Bible Study	20  2 pm Bingo
21 2 pm Fast Track game 4 pm Mahjong 6 pm Games	22 1 pm Hand & Foot	23 1 pm SUNRISE RIVER FARMS APPLES & GOODIES 2pm Maranatha 6 pm 500 Club	24 10 am Bible Study 2 PM CELBRATE BIRTHDAYS 3 pm Mahjong 6 pm Cribbage 	25 10 am Catholic Communion Service 2 pm Spinners 3 pm Bridge	26 10 am Cookie Friday  1:30 pm Bible Study 3:30 Social Hour 	27  2 pm Bingo
28 2 pm Fast Track game 4pm Mahjong 6 pm Games	29 1 pm Hand & Foot	30 2pm Zion Lutheran 6 pm 500 Club				Walkie Talkies Meet at the front bench/ flag pole at 9 am Monday—Saturday