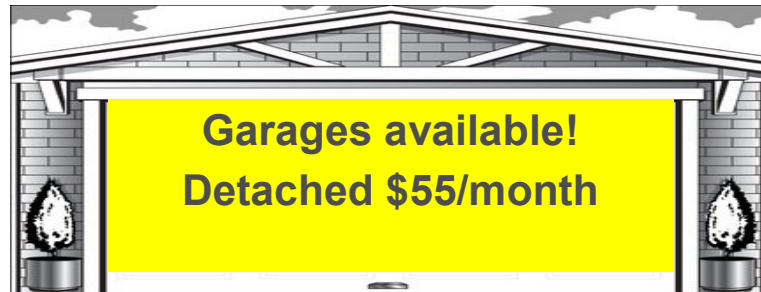


BUILDING INFORMATION



RECYCLING

Guidelines are posted in each trash room. No Styrofoam, no plastic bags, no garbage. Throw out takeout boxes.
If in doubt, throw it out!

TOWNHOME RECYCLING

Schedule: Every other Monday.
Please contact Chisago Lakes Sanitation: 651-257-4763

STAFF DIRECTORY

Jennifer: Tenant Services/Front desk—651-257-4035 Call Jennifer for activity questions, work orders, all tenant services, guest room or dining room reservations.

Mara: Housing Director—651-766-4464 Call Mara with building or apartment feature concerns, lease questions, move-out notice, family concerns, rent and billing questions.

Darlene: Marketing Manager: 651-766-4465 Call Darlene for unit availability.

Jeannie: Kitchen Manager 651-766-4468 Call with menu questions/concerns.

Kitchen: 651-766-4466 Please call before 10:00 am to order/change/cancel a meal.

Ed: Fill out a work order at the front desk, place it in the basket by the bulletin board.

Ecumen Integrity Line: Report your concerns and suggestions by calling the corporate office at 1-833-256-8411, 7 days a week, 24 hours a day.



EMERGENCY MAINTENANCE

AFTER HOURS 612-269-5840

Normal maintenance requests during regular working hours, please fill out a work order at the front office.

CALL 911
FOR FIRE OR MEDICAL EMERGENCY

FRIENDLY REMINDER:

Visitors must buzz the Tenant they are visiting or check in with a Staff person upon entering the building. This is for your Safety and the Security of all our Tenants here!

Thank you for your Cooperation!

HOW CAN WE HELP YOU?

ECUMEN

Point Pleasant Heights

28600 Fairway Lane, Chisago City, MN 55013
Phone: 651-257-4035 PPH Fax: 651-257-4080

December 2025



Independent Living 55+ Apartments & Townhomes



"Dignity Quilt" hand crafted the by Sew & Sew's Group. Thank you Cookie & Jonda, our tenants here at PPH. Thank you to all for their time & talent!

VETERANS DAY
HONORING ALL WHO SERVED

LUTEFISK & SWEDISH MEATBALL
LUNCHEON & CRAFTS
Wednesday, December 10, 2025
10:00 am Craft Sale in Common area 11:30
Lunch served in Dining room
TOWNHOME & GUESTs
RESERVE BY DEC 4th

CRAFT
CLASS

1ST WEDNESDAY
OF THE MONTH

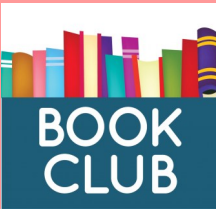
Come to the front
desk and see the
sample of the craft.

Sign up sheet is posted



creative
hands®

2ND WEDNESDAY
of the Month
Bring your projects
&/or Learn something
new. Sign up at Front!



BOOK
CLUB

Book Club is the 2nd Tuesday
of the month!

If you have questions,
please contact Joyce Kaiser!

WALKIE TALKIES CONTINUE TO WALK
WEATHER PERMITTING

MEET THE GROUP M-SAT @ 9 AM FRONT
BENCH BY FLAG POLE. WALK WITH YOUR
NEIGHBORS & KEEP OUR STREETS TIDY!
Bring gloves, small garbage bag &/or broom.

DECEMBER
birthdays



Mike Tangen4

Joie Nelson5

Loren Nickelson11

Charlotte Gulbranson14


Ruth Ann Barnes15

Mary Lamwers15

Joanne Read19

Leslie “Lee” Peterson25

Gary LaValle29



HAPPY NEW YEAR
SAVE THE DATE

January 1st at 1 pm in the coffee
shop to do a puzzle, have a bever-
age and snacks!

SHOPPING BUS

1st and 3rd Tuesday
Going to Forest Lake



SHOP
TIL
YOU
DROP,
BABY!

9:30 am-11:30 am
Sign up sheet at
the Front desk

REMINDER: PLEASE REMEMBER TO SHUT THE COOLER AFTER PICKING UP MEALS:-

Ecumen Point Pleasant Heights Menu ~ December 2025

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
December 1st Starter: Soup or Salad Grilled Bratwurst Potato Salad Calico Beans Cookies	December 2nd Starter: Soup or Salad Turkey Tetrazzini Buttered Corn Dinner Roll Blueberry Heaven on Earth Cake	December 3rd Starter: Soup or Salad Meatloaf Mashed Potatoes & Gravy Peas & Carrots Pecan Pie	December 4th Starter: Soup or Salad Chicken Pot Pie Steamed Broccoli Dinner Roll Chocolate Cake	December 5th Starter: Soup or Salad Cod Picatta Wild Rice Blend Steamed Spinach Lemon Bar	December 6th BBQ Bacon Cheeseburger Onion Rings 3- Bean Salad Ice Cream Treat	December 7th Chicken Drumsticks French Fries Coleslaw Boston Cream Pie
Cauliflower Soup December 8th Starter: Soup or Salad Baked Ziti Green Beans Garlic Bread Orange Pineapple Cake	Beef Barley December 9th Starter: Soup or Salad Grilled Chicken Sandwich Broccoli Bacon Salad Robert Redford Dessert	Cauliflower Soup December 10th Lutefisk Dinner Lutefisk w/ White Sauce or Butter Swedish Meatballs Boiled Potatoes Green Peas Lefse and Rye Bread Lingonberries Rice Pudding	Beef Barley December 11th Starter: Soup or Caesar Salad Garlic Shrimp Scampi Over Linguini Asparagus Garlic Bread Ice Cream Treat	Cauliflower Soup December 12th Starter: Soup or Salad Tater Tot Hotdish Buttered Beets Dinner Roll Lemon Poppyseed Cake	December 13th Ham Salad Croissant Sandwich Tomato Basil Soup Potato Chips Butterscotch Pudding	December 14th Chicken Noodles Casserole Vegetable Blend Dinner Roll Ice Cream Treat
Chicken Noodle December 15th Starter: Soup or Salad Hot Beef Sandwich Mashed Potatoes & Gravy Mixed Vegetables Peach Cobbler	December 16th Starter: Soup or Salad Sausage Stuffed Squash Roasted Cauliflower Dinner Roll Spice Cake	December 17th Starter: Soup or Salad Baked Chicken Mashed Potatoes & Gravy Buttered Peas Strawberry Cheesecake	Ham & Potato Chowder December 18th Mandarin Oranges French Toast Bake Scrambled Eggs Sausage Links Pistachio Salad	Chicken Noodle December 19th Starter: Soup or Sliced Pears Chef Salad Dinner Roll Scotchardoo Bar	December 20th Hamburger Hotdish w/ Rice Vegetable Blend Dinner Roll Ice Cream Treat	December 21st Breaded Pork Tenderloin Sandwich Waffle Fries Cauliflower Salad Chocolate Pudding
Chili December 22nd Starter: Soup or Salad Creamy Mustard Chicken Over Penne Pasta California Medley Garlic Breadstick Banana Cake	French Onion December 23rd Starter: Soup or Salad Sweet & Sour Meatballs Steamed Rice Steamed Broccoli Frosted Brownie	Chili December 24th Baked Ham Au gratin Potatoes Green Beans Casserole Dinner Roll Raspberry White Chocolate Cake	December 25th Closed 	Chili December 26th Starter: Soup or Salad Hamburger Stroganoff Over Mashed Potatoes Buttered Beets Rhubarb Cake	December 27th Egg Salad Sandwich on Wheat Bowl of Chili Lemon Pudding	December 28th Sweet & Sour Chicken Over Rice Vegetable Blend Dinner Roll Ice Cream Treat
Beef & Black Bean December 29th Starter: Soup or Pasta Salad BBQ Pork Sandwich Onion Rings Carrot Cake	Creamy Italian Soup September 30th Starter: Soup or Salad Goulash Buttered Corn Dinner Roll Rice Crispy Bar	December 31st Starter: Soup or Salad Roast Turkey Mashed Potatoes & Gravy Asparagus Cherry Pie Ala Mode		Beef & Black Bean Menu is subject to change		Kitchen Phone 651-766-4466

Tuesday's at 2 pm
Join us for a Church Service

12/2 First United Methodist
12/9 Chisago Lake Lutheran
12/16 Zion Lutheran
12/23 Maranatha
12/30 Zion Lutheran

BIBLE STUDY in the TV ROOM

Wednesday's @10:00 am
Greg Whitney

Friday's @ 1:30 pm
John & Mary Huebner

See calendar for dates.

LIBRARY

Our library is located across from the mailboxes. Borrow a book, no check out needed and help yourself to the greeting cards at no charge!



Social Hour

2nd and 4th Fridays
at 3:30pm.
Soda \$1, Beer and Wine \$2.

Hosted by the Tenant Council.

Happy Hour

Bring your own
1st and 3rd Friday



Shopping Bus: First and Third Tuesday-Walmart/Target/Aldi in Forest Lake. Bus leaves at 9:30 and returns at 11:30.

Bus Trip: Chanhassen Dinner Theatre, Wednesday December 3rd, Irving Berlin's White Christmas, Bus leaving at 10:00 am returns at 3:30

Lutefisk and Swedish Meatball Event: Wednesday, December 10th @ PPH
Craft sale 10 am—1 pm 10 am and Dinner 11:30 in dining room

Reserve by Dec 4th with Jennifer at the front desk....guest tickets are limited!

Tenant Meeting & Celebrate Birthdays: Wednesday, December 17th, 2pm in the Dining room

CHRISTMAS EVE: STAFF DELIVERS CHRISTMAS MEALS

NO STAFF HERE ON CHRISTMAS DAY, KITCHEN IS CLOSED

WEEKLY CARDS/GAMES



MONDAY's

Hand & Foot 1 pm

	6	7	8	9	10
Spades	40	140	240	340	440
Clubs	60	160	260	360	460
Diamonds	80	180	280	380	480
Hearts	100	200	300	400	500
No Trump	120	220	320	420	520

TUESDAY'S

500 Club 6 pm



MAHJONG

WEDNESDAY'S

Mahjong 3 pm

Cribbage 6 pm



THURSDAY's

Spinners 2pm



SATURDAY'S

BINGO 2 pm

SUNDAY'S

Fast Track 2 pm
Mahjong 4 pm
Games 6 pm

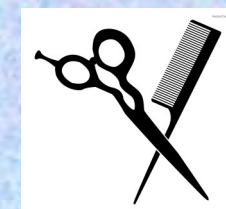


REBECCA HENDERSON

PPH BEAUTICIAN

**To make a
Appointment**

Call or Text 612-607-4121



Community meals served every Monday from 4-6pm at Zion Lutheran Church.



Jessica Lyall, RN, BSN, PHN

651-243-0213

thefootcarenurse@gmail.com



**BRINKS
DELIVERS
ON
WEDNESDAY'S
FOR \$3.00**

Please call in your order by 2pm Tuesday. 651-257-1700



Your ride.

**To schedule rides: Call 800-862-0175
Option 13 for Chisago County.**

Free tickets at Reception desk

DECEMBER 2025



ECUMEN®

Point Pleasant Heights

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 10am Women's Bible Study 1 pm Hand & Foot	2 9:30 am SHOPPING BUS WALMART-TARGET-ALDI 2 pm First United Methodist 2 PM Decorate the TREE Cocoa & Cookies with Santa & Mrs Claus 	3 10 am Bible Study 10 AM BUS to CHANHASSEN Irving Berlins' White Christm 2pm Craft Class/Snowman candy jar Soooo Cute!! 3pm Mahjong 6 pm Cribbage	4 LAKE ELMO INN BUS LEAVE AT 10:45 AM 10 am Catholic Communion Service 2 pm Spinners 3 pm Bridge	5 10 am Cookie Friday 1:30 pm Bible Study 3:30 BYO Happy Hour	6 2 pm Bingo CANCELLED FOR PRIVATE EVENT 6 pm Gaither Video Series,
7 2 pm Fast Track 4pm Mahjong 6 pm Game-Unlucky	8 10am Women's Bible Study 10 AM Book Club 1 pm Hand & Foot	9 2pm Chisago Lake Lutheran 6 pm 500 Club 3 pm Coloring & Music	10 LUTEFISK & SWEDISH MEATBALL LUNCH 11:30 CRAFT SALE AT 10 AM 2pmCreativeHands CANCELLED 3pm Mahjong 6 pm Cribbage	11 10 am Catholic Communion Service 2 pm Spinners 3 pm Bridge	12 10 am Cookie Friday 1:30PM Bible Study 3:30 Social Hour 	13 2 pm Bingo  3 PM American Heritage Girls and Trail Life, Sing Carols and play games
14 2 pm Fast Track 4pm Mahjong 6 pm Game-Sequence	15 10am Women's Bible Study 1 pm Hand & Foot	16 9:30 am SHOPPING BUS WALMART-TARGET-ALDI 2 pm Zion Lutheran Church 6 pm 500 Club	17 10 am Bible Study 2 PM TENANT MEETING & DECEMBER BIRTDAY'S 3 pm Mahjong 6 pm Cribbage	18 10 am Catholic Communion Service 2 pm Spinners 3 pm Bridge	19 10 am Cookie Friday 1:30PM Bible Study 3:30 BYO Happy Hour	20 2 pm Bingo 
21 2 pm Fast Track 4 pm Mahjong 6 pm NO GAMES	22 10am Women's Bible Study 1 pm Hand & Foot	23 2pm Maranatha 6 pm 500 Club	24 CHRISTMAS EVE CHRISTMAS MEALS DELIVERED TODAY 10 am Bible Study 3 pm Mahjong 6 pm Cribbage 	25 MERRY CHRISTMAS! ALL STAFF WILL BE OFF BOXED MEALS WERE DELIVERED THE 24TH SEE BULLETIN BOARD FOR CHRISTMAS DAY EVENTS HERE	26 10 am Cookie Friday  1:30 pm NO BIBLE STUDY 3:30 Social Hour 	27 2 pm Bingo CANCELLED FOR PRIVATE EVENT
28 2 pm Fast Track 4pm Mahjong 6 pm Game-Rummy	29 10am Women's Bible Study 1 pm Hand & Foot	30 2pm Zion Lutheran 6 pm 500 Club	31 2 PM NEW YEAR'S EVE TRIVIA WITH MARA 10 am Bible Study CANCELLED 3pm Mahjong 6 pm Cribbage			