

BUILDING INFORMATION



RECYCLING

Guidelines are posted in each trash room. No Styrofoam, no plastic bags, no garbage. Throw out takeout boxes.

If in doubt, throw it out!

TOWNHOME RECYCLING

**Schedule: Every other Monday.
Please contact Chisago Lakes
Sanitation: 651-257-4763**

STAFF DIRECTORY

Jennifer: Tenant Services/Front desk—651-257-4035 Call Jennifer for activity questions, work orders, all tenant services, guest room or dining room reservations.

Mara: Housing Director—651-766-4464 **Call** Mara with building or apartment feature concerns, lease questions, move-out notice, family concerns, rent and billing questions.

Darlene: Marketing Manager: 651-766-4465 Call Darlene for unit availability.

Jeannie: Kitchen Manager 651-766-4468 Call with menu questions/concerns.

Kitchen: 651-766-4466 Please call before 10:00 am to order/change/cancel a meal.

Ed: Fill out a work order at the front desk, place it in the basket by the bulletin board.

Ecumen Integrity Line: Report your concerns and suggestions by calling the corporate office at 1-833-256-8411, 7 days a week, 24 hours a day.

HOW CAN WE HELP YOU?



EMERGENCY MAINTENANCE

AFTER HOURS 612-269-5840

Normal maintenance requests during regular working hours, please fill out a work order at the front office.

**CALL 911
FOR FIRE OR MEDICAL EMERGENCY**

FRIENDLY REMINDER:

Visitors must buzz the Tenant they are visiting or check in with a Staff person upon entering the building. This is for your Safety and the Security of all our Tenants here!

Thank you for your Cooperation!

ECUMEN

Point Pleasant Heights

28600 Fairway Lane, Chisago City, MN 55013
Phone: 651-257-4035 PPH Fax: 651-257-4080

JULY 2026



Independent Living 55+ Apartments & Townhomes

Happy 4th of July!



KEEP YOUR EYES PEELED FOR ROCKY THE SQUIRREL!





- Pat McDermott

1
- Janet Wolfe

2
- Peter Overgaard

3
- Karen Olomon

6
- Nancy Askay

9
- Pat Paulick

9
- Linda Nickelson

11
- Raymond Morris

14
- David Ash

17
- Bette Walker

26
- Myron Nybo

30
- Mary Huebner

31

SEARCH FOR THE PPH STAFF!

LOOK FOR A WOODEN DISK WITH A STAFF MEMBER’S NAME. IF YOU ARE LUCKY TO FIND ONE, YOU WILL WIN A CASH PRIZE!



POLICE-COMMUNITY PARTNERSHIPS

Please join us for National Night Out

Ecumen Point Pleasant Heights

Tuesday, August 4, 2026—6:30 p.m.

Where: On the lawn space outside 100-200 apt. wing.

What: Bring your own chair/walker if available.

Bring a snack to share if you’d like.

We’ve invited representatives from local police/fire departments. If no emergencies arise that they have to respond to, they will make an appearance. Games, goody bags, snacks, & beverages, too!



LET’S GO FISHING

LET’S GO FISHING
LAUNCH LEAVE AT 9 AM

WATCH THE CALENDAR AND
SIGN UP AT THE FRONT
BULLETIN BOARD

TRANSPORTATION IS YOUR
RESPONSIBILITY TO GET TO
THE LAUNCH.

BRING A HAT AND JACKET !
ALL FISHING GEAR IS
PROVIDED!



SHOPPING BUS

1st and 3rd Tuesday

Goes to Forest Lake

9:30 am-11:30 am

Sign up sheet at the
Front desk

REMINDER: PLEASE REMEMBER TO SHUT THE COOLER AFTER PICKING UP MEALS:-

Ecumen Point Pleasant Heights Menu ~ July 2026

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
 July 6th Starter: Soup or Waldorf Salad Fish Sandwich French Fries Bread Pudding Vegetable Soup July 13th Starter: Soup or Salad Stuffed Cabbage Spanish Rice Vegetable Blend Cherry Cobbler Sauerkraut Soup July 20th Starter: Soup or Salad Sausage Flatbread Pizza Broccoli Bacon Salad 7- Layer Bar	Kitchen Phone 651-766-4466 July 7th Starter: Soup or Mandarin Oranges Taco Salad Dinner Roll Blueberry Crumb Bar Split Pea w/ Ham July 14th BBQ Day BBQ Chicken Legs Homemade Potato Salad Fresh Cucumber Salad Ice Cream Treat July 21st Starter: Soup or Pears Turkey Cobb Salad Dinner Roll Rhubarb Custard Cake Chicken Noodle July 28th BBQ Day Bratwurst on A Bun Calico Beans Homemade Coleslaw Strawberry Shortcake	July 1st Starter: Soup or Salad Roast Turkey Mashed Potatoes & Gravy Vegetable Blend Dinner Roll Strawberry Rhubarb Pie Ala Mode Chicken Wild Rice July 8th Starter: Soup or Salad BBQ Ribs Baked Potato Buttered Carrots Dinner Roll Chocolate Walnut Pie Vegetable Soup July 15th Starter: Soup or Salad Meat Loaf Mashed Potatoes & Gravy Green Beans Dinner Roll Cherry Pie Ala Mode Creamy Potato Soup July 22nd Starter: Soup or Salad Pork Tenderloin Mashed Potatoes & Gravy Buttered Peas Dinner Roll French Silk Pie Southwest Corn Chowder July 29th Starter: Soup or Salad Baked Chicken Mashed Potatoes & Gravy Steamed Broccoli Blueberry Pie Ala Mode	July 2nd Starter: Soup or Salad Hamburger Potato Casserole Buttered Peas Dinner Roll Chocolate Cake Hamburger Vegetable July 9th Starter: Soup or Salad Chicken Chow Mein Steamed Rice Eggroll Lemon Lush Split Pea w/ Ham July 16th Starter: Soup or Salad Turkey Tetrazzini Mixed Vegetables Apple Crisp Ala Mode Sauerkraut Soup July 23rd Starter: Soup or Salad Beef Enchilada Bake Spanish Rice Mexican Corn Churro Bites Chicken Noodle July 30th Starter: Soup or Salad Skillet Pork Chop w/ Apples & Onions Garlic Mashed Potatoes Buttered Carrots Pumpkin Bar	July 3rd Starter: Soup or Grapes Chicken Tender Salad Dinner Roll Cherry Cheesecake Parfait Chicken Wild Rice July 10th Fresh Fruit Biscuits & Gravy Scrambled Eggs Bacon Assorted Muffins July 17th Starter: Soup or Peaches Chef Salad Dinner Roll Lemon Bar Creamy Potato Soup July 24th Fresh Fruit Ham & Cheese Quiche Rosemary Potatoes Maple Sausage Assorted Danish July 31st Starter: Soup or Salad Hot Turkey Sandwich Mashed Potatoes & Gravy Buttered Peas Chocolate Eclair Dessert	July 4th Sloppy Joe Onion Rings Potato Salad Ice Cream Treat  July 11th Chili Dog French Fries Coleslaw Ice Cream treat July 18th Mushroom Swiss Burger Tater Tots 3 Bean Salad Cookies July 25th Chicken Noodle Casserole Vegetable Blend Dinner Roll Cookies 	July 5th Scalloped Potatoes w/ Ham Green Beans Dinner Roll Cookies July 12th Chicken Kiev Rice Pilaf Steamed Broccoli Rice Pudding July 19th Chicken & Broccoli Hotdish Buttered Corn Dinner Roll Chocolate Pudding July 26th Italian Meatball Sub Onion Rings Pasta Salad Ice Cream Treat Menu is subject to change

Tuesday's at 2 pm
Join us for a Church Service

7/7 First United Methodist
7/14 Chisago Lake Lutheran
7/21 Zion Lutheran
7/28 Maranatha & Blessing of the Walkers



Social Hour

2nd and 4th Fridays
at 3:30pm.
Soda \$1, Beer and Wine \$2.

Hosted by the Tenant Council.



Happy Hour

Bring your own
1st and 3rd Friday

Shopping Bus: First and Third Tuesday-Walmart/Target/Aldi in Forest Lake. Bus leaves at 9:30 and returns at 11:30.

Scavenger Hunt: Starts July 1, look for the hidden disks with the names of all employees here at PPH. Cash prizes given if you are the lucky one to find a disk!

Bus Trip: July 9 at 10 am to Gammel Garden and 12 Noon at Scandia Cafe

Let's Go Fishing: July 8, 14, 21, 30th. Transportation is your responsibility, Sign up at the front desk to reserve a spot.

Cookies and Conversation with Zion Lutheran Youth: Thursday, June 23rd at 1 pm in the coffee shop and TV room. Join us and visit with our local youth group from Zion Lutheran Church!

Tenant Meeting: Wed, July 15, at 2 pm in the dining room.

Birthday Celebration: Wed, July 22nd at 2 pm in the dining room. Coffee & Cake served. Entertainment by Jenni Thyng.

Blessing of the walkers: July 28 at 2 pm in the dining room, Pastor Bill from Maranatha will be here. Come and bring your walker.

BIBLE STUDY in the TV ROOM

Wednesday's @10:00 am
Greg Whitney

Friday's @ 1:30 pm
John & Mary Huebner

See calendar for dates.

LIBRARY

Our library is located across from the mailboxes. Borrow a book, no check out needed and help yourself to the greeting cards at no charge!



WALKIE TALKIES CONTINUE TO WALK
WEATHER PERMITTING

MEET THE GROUP M-SAT @ 9 AM FRONT BENCH BY FLAG POLE. WALK WITH YOUR NEIGHBORS & TIDY OUR STREETS

WEEKLY CARDS/GAMES



MONDAY's

Hand & Foot 1 pm



THURSDAY's

Spinners 2pm



FRIDAY'S

Samba 5 pm

SATURDAY'S

BINGO 2 pm

REBECCA HENDERSON

PPH BEAUTICIAN

To make a Appointment

Call or Text 612-607-4121




BRINKS DELIVERS ON WEDNESDAY'S FOR \$3.00

Please call in your order by 2pm Tuesday. 651-257-1700

	6	7	8	9	10
Spades	40	140	240	340	440
Clubs	60	160	260	360	460
Diamonds	80	180	280	380	480
Hearts	100	200	300	400	500
No Trump	120	220	320	420	520

TUESDAY'S

500 Club 6 pm



SUNDAY'S

Fast Track 2 pm




MAHJONG

WEDNESDAY'S

Mahjong 3 pm

Cribbage 6 pm




Community meals served every Monday from 4-6pm at Zion Lutheran



Jessica Lyall, RN, BSN, PHN

651-243-0213
thefootcarenursemn@gmail.com



ARROWHEAD TRANSIT Your ride.

To schedule rides: Call 800-862-0175 Option 13 for Chisago County.

JULY 2026



ECUMEN[®]

Point Pleasant Heights

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 10 am Bible Study 3pm Mahjong 6 pm Cribbage SEARCH FOR THE STAFF! Look for a wooden disk!	2 10 am Catholic Communion 2 pm Spinners 3 pm Bridge	3 10 am Cookie Friday 1:30 pm NO BIBLE STUDY 3:30 PM BYO Happy Hour 5 PM SAMBA OFFICES CLOSED TO OBSERVE INDEPENDENCE DAY!	4 2 pm Bingo 
5 2 pm Fast Track	6 1 pm Hand & Foot	7 9 am Chair exercise 9:30 am SHOPPING BUS WALMART-TARGET-ALDI 2pm First United Methodist 6 pm 500 Club	8 9 am Let's Go Fishing 10 am Bible Study 3pm Mahjong 6 pm Cribbage	9 10 am Gammelgarden & Scandia Cafe 10 am Cookies & Conversation 10 am Catholic Communion 2 pm Spinners 3 pm Bridge	10 10 am Cookie Friday 1:30PM Bible Study 3:30 PM Social Hour 5 PM SAMBA	11 2 pm Bingo
12 2 pm Fast Track	13 1 pm Hand & Foot	14 9 am Lets Go Fishing 9 am Chair Exercise 2 pm Chisago Lake Lutheran 6 pm 500 Club	15 10 am Bible Study 2 PM TENANT MEETING 3 pm Mahjong 6 pm Cribbage	16 10 am Catholic Communion 2 pm Spinners 3 pm Bridge	17 10 am Cookie Friday 1:30PM Bible Study 3:30 PM BYO Happy Hour 5 PM SAMBA	18 NO Bingo Private Event
19 2 pm Fast Track	20 1 pm Hand & Foot	21 9 am Lets Go Fishing 9 am Chair Exercise 9:30 am SHOPPING BUS WALMART-TARGET-ALDI 2pm Zion Lutheran 6 pm 500 Club	22 10 am Bible Study 2 pm CELEBRATE JULY BIRTHDAYS! 3 pm Mahjong 6 pm Cribbage 	23 10 am Catholic Communion 1 pm Coffee & Conversation with Zion Lutheran Youth 2 pm Spinners 3 pm Bridge	24 10 am Cookie Friday 1:30 pm BIBLE STUDY 3:30 PM Social Hour 5 PM SAMBA 	25 2 pm Bingo
26 2 pm Fast Track	27 1 pm Hand & Foot	28 9 am Let go Fishing 9 am Chair Exercise 2pm Maranatha Blessing of the Walkers in the diningroom 6 pm 500 Club	29 10 am Bible Study 3pm Mahjong 6 pm Cribbage	30 10 am Catholic Communion 2 pm Spinners 3 pm Bridge	31 10 am Cookie Friday 1:30PM Bible Study 3:30 PM Social Hour 5 PM SAMBA	